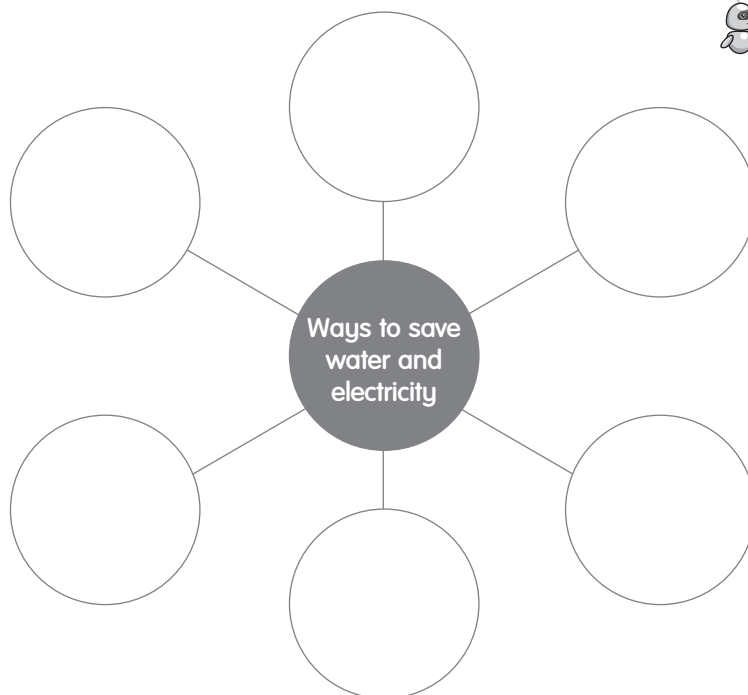


>>> Activity 1 Helping Out

Topic	Theme	Core Value	PAK-21
Save Water and Electricity	World of Self, Family & Friends	Love	i-Think map
Objectives: <ol style="list-style-type: none"> 1. Knowledge: Explain ways to save water and electricity 2. Socioemotional: Express pride in saving water and electricity 3. Action: Avoid wasting water and electricity 			

>> Activities

1. Pupils work in groups.
2. The teacher gives a newspaper report about how much water and electricity is wasted by Malaysians.
3. Based on the newspaper report, the teacher to ask pupils to discuss how they can save water and electricity.
4. One pupil from each group writes down the ideas provided in a bubble map.
5. After the discussion is over, one student from each group to present the ideas to the class.

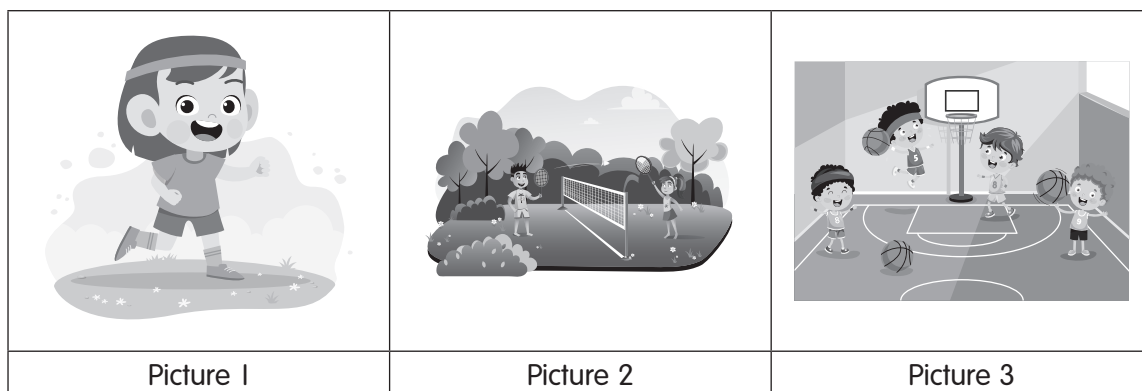


>>> Activity 2 Get Active!

Topic Physically fit, Mentally healthy	Theme World of Knowledge	Core Value Love	PAK-2I Brainstorming
Objectives: <ol style="list-style-type: none"> 1. Knowledge: Explain the importance of being physically fit for mental and emotional health 2. Socioemotional: Embrace self-love by practising a healthy lifestyle for the well-being of everyone 3. Action: Exercise to maintain physical fitness for mental and emotional health 			

>> Activities

1. Teacher to show the following three pictures to the pupils.



2. Teacher first shows Picture 1. Teacher then asks questions about the picture.

Sample activity (Picture 1)

Teacher : Talk about Picture 1.

Pupil A : A girl is jogging.

Teacher : Do you go jogging?

Pupil B : Yes, I go jogging.

Teacher : How often do you all go jogging?

Pupil C : I jog every day.

Pupil D : I jog on the weekends.

Teacher : Why do you jog?

Pupil E : To keep fit.

Pupil F : To relax.

Teacher : What other exercise do you do?

Pupil G : I go swimming.

3. Teacher next shows Picture 2 and finally Picture 3. Teacher then asks questions about the pictures.
4. Teacher must ask questions that encourage pupils to think and talk about being physically fit for mental and emotional health.

**Activity****3****Celebrations**

Topic Nurture Self-Identity	Theme World of Self, Family & Friends	Core Value Love	PAK-21 Scrapbook
Objectives: <ol style="list-style-type: none">1. Knowledge: Recognise self and national identity2. Socioemotional: Express feelings related to developing self- identity3. Action: Appreciate national identity			

Activities

1. Pupils work in groups.
2. Each group must create a scrapbook on Love for Malaysia.
3. They will need solid-coloured plain papers, scissors, glue, pens, ribbons, beads and other embellishments to make the scrapbook.
4. Pupils then search for photographs or pictures online or in magazines. They must paste the photographs or pictures on the coloured paper and decorate the scrapbook attractively. Pupils may include fun and interesting facts.
5. After completing the scrapbook, pupils to display their scrapbook to the class.
6. Then each group must write positive comments and suggestions on sticky notes and paste it on the scrapbook.

Sample:



>>> Activity 4 Getting Around

Topic	Theme	Core Value	PAK-2I
Abide by Road & Traffic Laws	World of Knowledge	Mutual Respect	Jot thoughts
Objectives: <ol style="list-style-type: none"> 1. Knowledge: Describe the importance of abiding road traffic laws 2. Socioemotional: Be aware of road traffic laws 3. Action: Abide the road traffic laws 			

>> Activities

1. Pupils work in groups.
2. Pupils discuss the following situations and write down their answers.

Situation A:

Your friends and you are crossing a busy street. How would you do it?



Situation B:

Your friend is riding her bicycle without wearing her helmet. What would you do?



Situation C:

Your brother sticks his head out of the car while your mother is driving. What would you do?



Situation D:

You see a few children playing on a neighbourhood road. What would you do?



3. Pupils then present their answer to the class.

A – _____

B – _____

C – _____

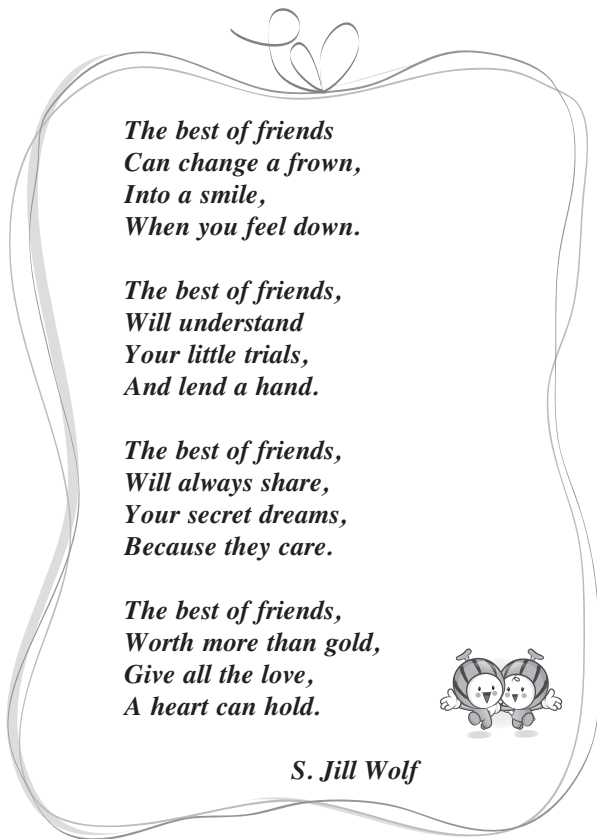
D – _____

>>> Activity 5 Where are You From?

Topic Peer Influence	Theme World of Self, Family & Friends	Core Value Happiness	PAK-2I Recite a poem
Objectives: <ol style="list-style-type: none"> 1. Knowledge: State the traits of a good friend 2. Socioemotional: Express happiness in having good friends 3. Action: Show attributes of a good friend 			

>> Activities

1. Teacher to ask pupils to read a poem:



2. Pupils then answer the following questions:

(a) Give a suitable title for this poem.

(b) What will a best friend do when you feel down?

(c) Who will lend you a hand when you face trials?

(d) Why would you share your secret dreams with your best friend?

(e) What did you learn from this poem?

>>> Activity 6 What's the Matter?

Topic Gadget addiction	Theme World of Knowledge	Core Value Responsibility	PAK-21 Jot thoughts
Objectives: <ol style="list-style-type: none"> 1. Knowledge: Explain the effects of gadget addiction 2. Socioemotional: Express emotions on the effects of overuse of gadgets 3. Action: Use gadgets wisely 			

>> Activities

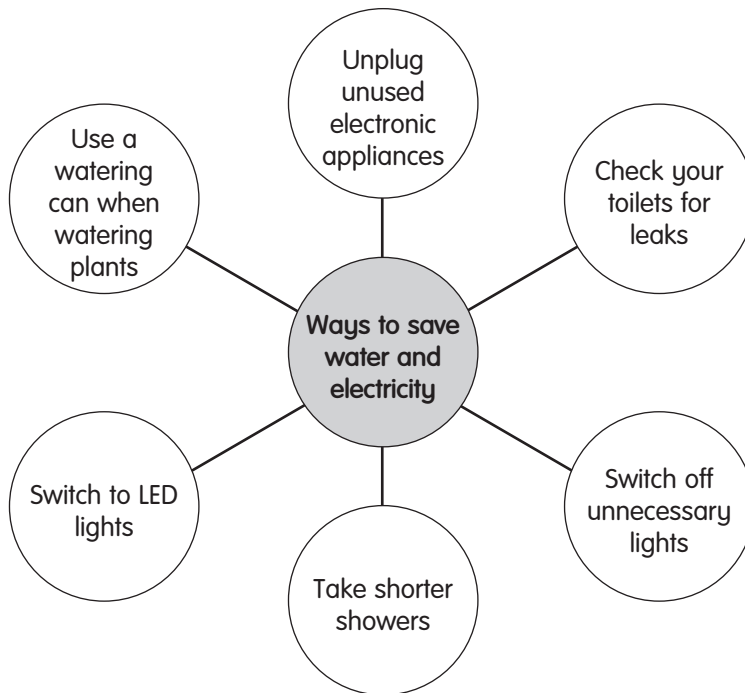
1. Pupils work in groups.
2. Teacher to show a video of effects of using gadgets too much.
Link: <https://www.youtube.com/watch?v=drs5ChzmujE>
3. Teacher then asks the pupils to discuss other effects of using gadgets too much that are not shown in the video.
4. Each student must write one idea down on a circle map.
5. Each group then presents their ideas to the whole class.



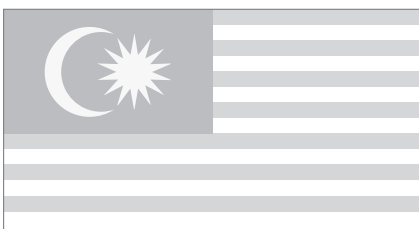
ANSWERS



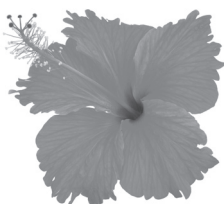
>>> Activity 1 Helping Out



>>> Activity 3 Celebrations



This is the Malaysian flag. Its name is Jalur Gemilang or 'Stripes of Glory'. It has 14 red and white stripes which is the number of states in Malaysia. On the top left corner of the flag is a blue rectangle which has a star with 14-points and a crescent. The star is known as the federal star.



This is the hibiscus or 'Bunga Raya' in Malay. It is the national flower of Malaysia. It was chosen as the national flower because of its bright colours. It can also be found all over Malaysia all year round.

>>> **Activity 4** *Getting Around*

- A – If my friends and I were crossing a busy street, we would wait for the light to turn red before crossing.
- B – If I saw my friend riding her bicycle without wearing her helmet, I would advise her to wear it.
- C – If my brother stuck his head out while the car was moving, I would advise him to put his head in. If he doesn't listen to me, then I will tell my mother.
- D – If I saw children playing in a neighbourhood road, I will advise them not to play. If they still continue, I will inform the traffic police or their parents.

>>> **Activity 5** *Where are You From?*

2. (a) (Accept any suitable answer)
- (b) They will try to make you smile.
- (c) Your best friend.
- (d) Because they care.
- (e) I learnt that a best friend will always be there for us.

