

# PEMBELAJARAN ABAD KE-21 (PAK-21)



## ACTIVITY 1

### TeenHelpNet – To Spend or To Save

Theme: CONSUMERISM AND  
FINANCIAL AWARENESS

#### TASK 1

In groups, read the situations in the blog below.

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# TeenHelpNet

**TEEN HELPS TEEN**

## GOT A PROBLEM?

### Message Board

**Rashid, 14**  
I have been short of cash for the last three months. My parents give me an allowance of RM80 per week. This allowance covers my transportation to school, my breakfast and lunch. I spent quite a lot of my money for online games last two months. I borrowed some money from my sister last month. I am sure she won't lend me any money this month. What should I do?

**Star, 13**  
I am totally dissatisfied with the amount of allowance that my parents give me. With RM 50 for a week I can hardly live. Everything is expensive. I spend at least RM 10 a day at school. Well is that too much? I must admit I like to snack on food. They aren't really that cheap. Well, it's ok to snack right? After all, we are teenagers.

**Simsen, 14**  
I spend quite a lot of time on the Internet playing games and there's no Wifi at home so you know where my money goes to. Right! It is spent at the cyber café near my house. So, how to budget with the RM 60 a week? Please tell me.

**Ruhaizat, 15**  
I love online shopping and I spend my free time browsing what interesting things there are. I tend to put them in the basket and all of a sudden there is so much to buy. I can't decide what to buy and what to let go. I may need them and they are on offer. Perhaps I should work part time to get some money. What do you think?

#### TASK 2

Write a reply.

- Choose a message.
- Read the problem.
- Brainstorm for a solution.
- Give your advice on how the teen should spend his or her money.
- Present your ideas to the class.



## ACTIVITY 2 Game and Portfolio

Theme: PEOPLE AND CULTURE

### TASK 1

#### Game Time

Play the game in groups.

Describe a piece of clothing. Take turns to guess what the piece of clothing is.

Example of clue: ♦♦ You use it to keep you warm.

- ♦♦ It is worn by both men and women. It is usually wrapped around the neck or worn over the shoulders.

### TASK 2

▶ PAK-21 Mix-Pair-Share

**A** Find out the meanings of these words.

- ▶ plain
- ▶ trendy
- ▶ simple
- ▶ casual
- ▶ loose-fitting
- ▶ smart
- ▶ tight-fitting
- ▶ well-fitted
- ▶ modest
- ▶ sophisticated
- ▶ oversized
- ▶ revealing
- ▶ fanciful
- ▶ old-fashioned

Match the words listed above with their opposites and write them in the spaces provided below.

Word	Meaning
plain	fanciful
simple	sophisticated
smart	casual
loose-fitting	tight fitting
trendy	old-fashioned
well-fitted	oversized
modest	revealing

### B PORTFOLIO

▶ PAK-21 Gallery Walk

Design a fashion portfolio. Imagine that you are the representative of the company that is launching a new product. Present your catalogue of clothes to your friends. Vote for:

- the best designed catalogue
- the best representative

- Find pictures of clothes and fashion suitable for teenagers.
- Label the pictures.
- You may use the words in activity A to describe your clothes.
- You may also research on words used to describe clothes from fashion magazine and clothes catalogues in the Internet.



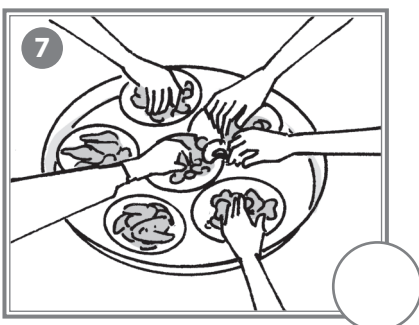
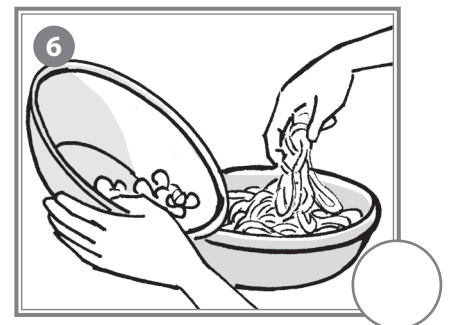
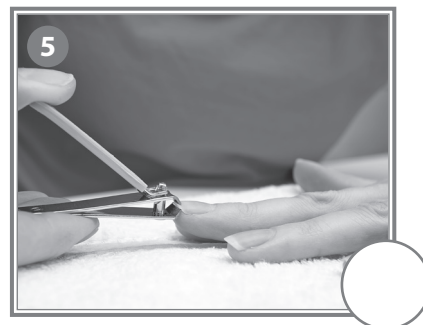
### ACTIVITY 3 Designing a poster

Theme: HEALTH AND ENVIRONMENT

Study the pictures below. Put a tick (✓) beside the picture that shows good practice in daily life.

Work in pairs.

PAK-21 Timed Pair Share



Design a poster on how to stop virus from spreading.

- Decide who your poster is meant for.
- Discuss the message of your poster.
- Design your pictures.
- Brainstorm for suitable captions and words.
- Display your poster in your class notice board.



## ACTIVITY 4 Creating a Healthy Menu

Theme: CONSUMERISM AND FINANCIAL AWARENESS

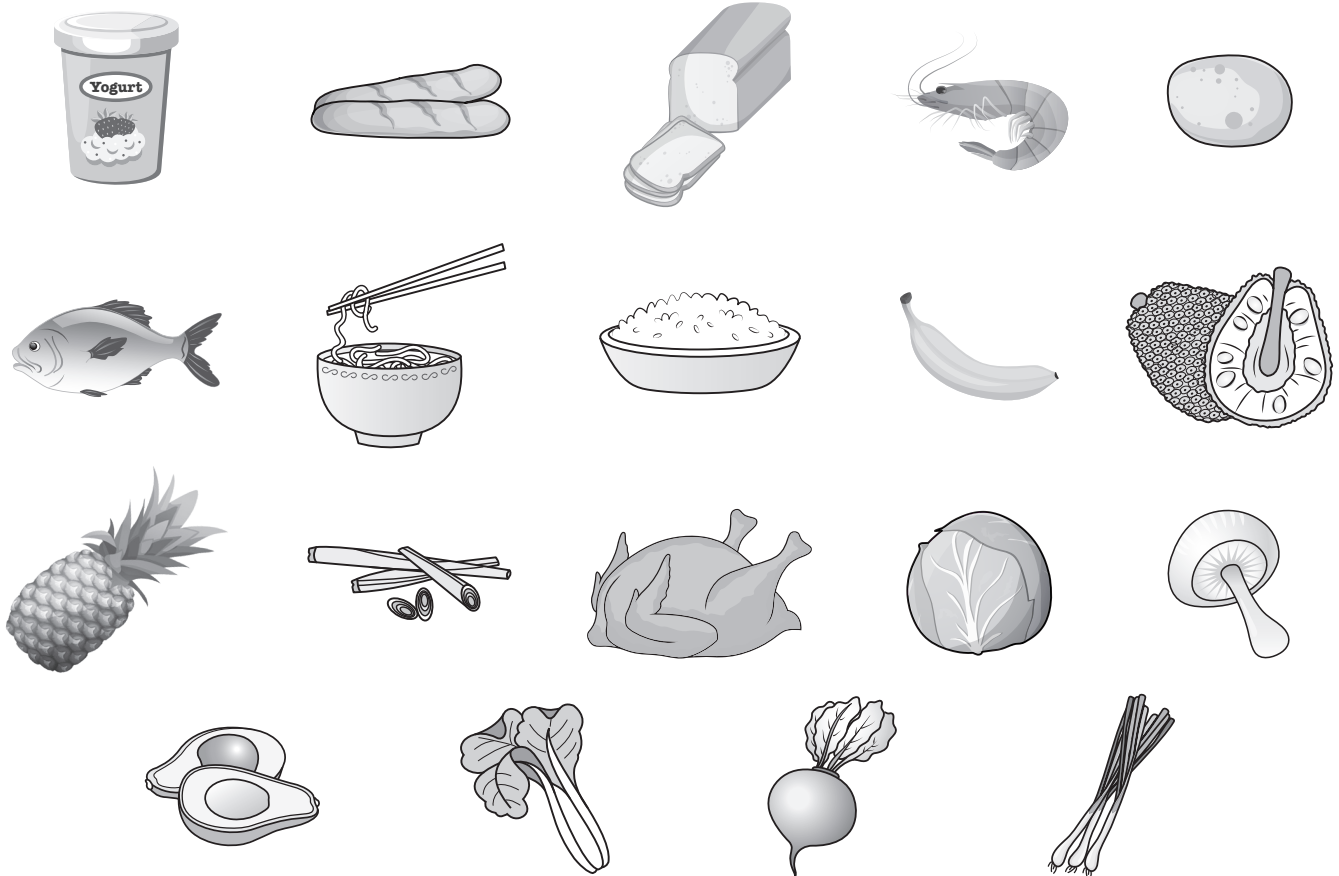
### TASK 1

List five items that you can find for each supermarket section below.

DAIRY PRODUCT	FROZEN FOOD	SNACKS	SEAFOOD
SNACKS AND SWEETS	FRUITS	VEGETABLES	BEVERAGES
CANNED FOOD	RICE AND PASTA	MEAT AND POULTRY	BAKERY

### TASK 2

A Name the food items below.



B Create a healthy menu for dinner from any of the food items you see below.

PAK-21 One Stray

- State the dish that you are preparing.
- List the ingredients needed.
- Write down the instructions for cooking the dish.
- Present your menu to the class.



## ACTIVITY 5 Making a parachute

Theme: SCIENCE AND TECHNOLOGY

### TASK 1

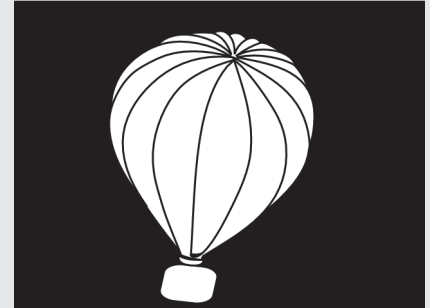
Get into small groups and make a parachute. You may need to do a few times in order to perfect your parachute.

#### What you'll need:

- A plastic bag or light material
- Scissors
- String
- A small object to act as the weight.

#### Instructions:

1. Cut out a large square from your plastic bag or material.
2. Trim the edges so it looks like an octagon.
3. Cut a small hole near the edge of each side.
4. Attach 8 pieces of string of the same length to each of the holes.
5. Tie the pieces of string to the object you are using as a weight.
6. Use a chair or find a high spot to drop your parachute and test how well it worked, remember that you want it to drop as slow as possible.



(Adapted from: <https://www.sciencekids.co.nz/experiments/freefall.html>)

In groups, discuss:

1. Explain the science of the experiment.
2. How will a larger surface area affect your parachute?
3. Why is this so?
4. What will happen when you cut a little hole in the middle of the parachute?
5. Why does this happen?

### TASK 2

Research on simple experiments that you can do in class or at home.

► PAK-21 Doing a Research

- Try out the experiment
- Video the procedure
- Present it in class
- Explain why and how it can happen

#### FUN FACTS

The first parachute jump ever recorded was made by the inventor of the parachute. Andre-Jacques Garnerin.