STIONBAN

READING



Short Texts (MCQs)

Practice 1

Read the text carefully in each question. Choose the best answer A, B or C. For each question, mark the correct answer.



- **1.** The instruction emphasises
 - **A** the danger of overdose.
 - **B** that medicines must be taken regularly.
 - **C** you should seek the advice of doctor.



- 2. Drivers are expected to
 - A drive on the one lane.
 - **B** slow down.
 - **C** speed up.



- **3.** The sign above shows that customers
 - **A** are expected to use cash.
 - **B** need to queue up to make payment.
 - **C** cannot use cash to pay.



- 4. Customers can expect
 - **A** all things are sold at 70% discount.
 - **B** some things are sold at 70% discount.
 - **C** regular price for all things.



Using recycled scraps to make aluminium cans uses 95 percent less energy than making cans from raw materials.



It takes 75 percent less energy to make recycled steel than steel produced from raw materials

- 5. The message shown in the picture above is
 - A recycling saves energy.
 - **B** drink less carbonated drinks.
 - **C** carbonated drinks gives more energy.





Hi Min,

Why not call off the trip to the beach. Looks like a storm is brewing.

Sufia

- **6.** Sufian suggests
 - **A** cancelling the trip to the beach.
 - **B** postponing the trip to the beach.
 - **C** brewing some tea for the beach trip.

Hi Lina, what's happening? I feel that I have been left out in the cold. Did I do anything wrong?

Er...perhaps it's time we think over some issues, Ann.



- 7. Ann feels that she has been
 - A accused.
 - **B** wronged.
 - C ignored.

SITE SAFETY NOT



Unauthorized entry to this site is strictly prohibited.

- 8. People who enter without permission
 - A will face legal action.
 - **B** may be asked to leave.
 - **C** shall pay an entrance fee.

Practice 2



Read the text carefully in each question. Choose the best answer A, B or C. For each question, mark the correct answer.



- 1. The road sign above is to remind drivers to
 - **A** be courteous to other road users.
 - **B** watch out for careless road users.
 - **C** walk instead of drive.



- 2. The advertisement above is for people who want to look for
 - **A** a job.
 - **B** furniture.
 - **C** a designer.



- 3. The public should
 - A not kill animals.
 - **B** love all creatures.
 - **C** be careful of snakes.





Hi Jimmy,

I notice that you have not been in school for a few days. Is everything ok with you? I don't see you at the football field too in the evenings. Do update me on your situation.

Jamal

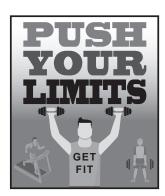
- 4. Jamal is
 - **A** concerned
 - **B** curious
 - C upset

Alex, I can see that you are on cloud nine. Can you tell me why?

Oh Elaine, is it so obvious? Well I will tell it to you in due time.



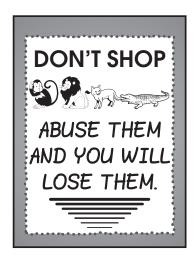
- - A notices that Alex is feeling very upset.
 - **B** sees that Alex is feeling very happy.
 - **C** feels that Alex is feeling amused.



- **6.** The advertisement above can probably be seen at a
 - **A** hospital
 - **B** fitness centre
 - C park



- 7. The advertisement above would interest those who are concerned about
 - A weight loss.
 - **B** healthy lifestyle.
 - **C** getting the right nutrition.



- 8. We can save the wild life if we
 - **A** stop buying animal products.
 - **B** do not do any shopping.
 - **C** keep them as pets.

Practice 3

Read the text carefully in each question. Choose the best answer A, B or C. For each question, mark the correct answer.



- 1. The notice serves to
 - **A** warn
 - **B** inform
 - **C** explain

Hi Ikram,

Please stay home. It is time to reduce contact with people to stop the virus from spreading. Think of your loved ones. Do not cause them any pain.

Your cousin,

Haris

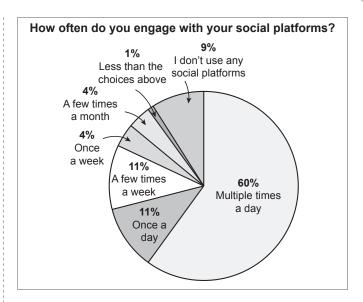
- 2. Haris advises Ikram
 - A to think of his loved ones when going out.
 - **B** not to cause his loved ones to feel any pain.
 - C not to go out in order not to put his loved ones at risk.



- 3. The signboard warns people that they
 - **A** must be ready to be filmed.
 - **B** will be monitored in the area.
 - **C** are strictly not allowed to enter.

To:	julia@gmail.com	
From:	mimi@gmail.com	
Subject:	Be a Convincing Writer	
	ulia, raid the book you have ordered is le. Would you like to view other titles?	

- 4. The email is to inform Julia that
 - **A** the company sells a wide variety of books.
 - **B** Miss Mimi will send her a list of titles available.
 - **C** the company does not have the book that she has ordered.



- **5.** The chart shows that the number of people who use social platforms to interact are
 - **A** minute
 - **B** significant
 - **C** reasonable



- 6. This is to remind us that we should
 - **A** practise hygiene when using toilets.
 - **B** not dump domestic waste into the toilet.
 - **C** be careful so that the toilet does not get blocked.



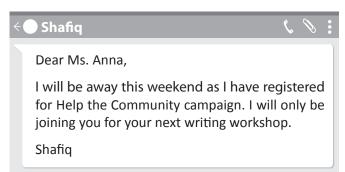
- 7. In order to be sure that you have successfully ordered your food, you need to
 - **A** Order online
 - **B** prepare your order
 - **C** confirm your order



- 8. The label above tells you that you need to attend to the matter
 - **A** immediately
 - **B** as and when you want
 - **C** as soon as you have the time

Practice (A)

Read the text carefully in each question. Choose the best answer A, B or C. For each question, mark the correct answer.



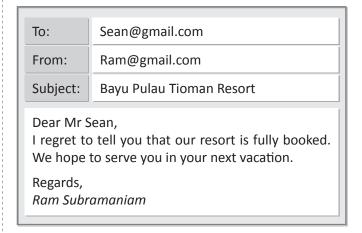
- 1. Shafig has written the message to
 - A register for the Help the Community campaign.
 - **B** apologise to Ms Anna because he cannot help her for the community campaign.
 - C Inform Ms Ana that he would not be attending her workshop this weekend.



- 2. The notice above is
 - **A** teaching people the right way to dispose the masks.
 - **B** reminding people to use masks in public places.
 - **C** explaining how COVID-19 is spread.



- 3. The notice above is to remind members that
 - **A** the gym is temporarily closed.
 - **B** they must keep a distance of 6 feet from other members.
 - **C** the gym is open to all members.



- **4.** From the email, we can gather that
 - **A** Sean has successfully booked the resort.
 - **B** Sean will be able enjoy the facilities at the
 - **C** Sean will need to find another accommodation.



Ain

Hi Shoba,

I have something on this evening. I don't think I can make it in time for dinner. Please carry on without me. I will catch up with you girls later in the evening.

- 5. Ain informs Shoba that
 - **A** she will be late for the meeting.
 - **B** she will meet the girls as planned.
 - **C** she is unable to meet up with the girls.





- 6. Which of the following is emphasised in the notice?
 - **A** Wait for your turn.
 - **B** Do not cross the line.
 - **C** Keep a straight line.



JOIN OUR TEAM

- 7. This is an advertisement for a
 - **A** event
 - **B** job
 - **C** course



- 8. You are entitled to the special promotion if you are
 - A an adult
 - **B** 18 years old
 - **C** a school student



Read the text below and correct the underlined errors. For each question, write the correct word in the space provided.

Food Waste - Think before You Bin

How much food do you leave on your plate to be **(0)** <u>bin</u>? Do you make it a point to finish the food on **(1)** <u>our</u> plate? All food generates greenhouse gases **(2)** <u>after</u> they reach your plate. Food needs to be grown, **(3)** <u>processes</u>, packaged and transported to wherever you are. If you throw away leftover food, more greenhouse gases go **(4)** <u>on</u> the atmosphere. We are very fortunate to live in a country **(5)** <u>when</u> food is easily found. Most household also have refrigerators to store food so that they do not **(6)** <u>rotten</u>. However, many people are still not conscious of reducing food waste. Some tend to cook more **(7)** <u>so</u> they can consume. Others are so picky that they throw away what they feel **(8)** <u>does</u> not suit their taste buds. Think before you bin. We should do more to reduce food waste so that we can lessen the impact on climate change.

Example:

o billiled			
1.	2.	3.	4.
5.	6.	7.	8.

Practice 2

hinned

Read the text below and correct the underlined errors. For each question, write the correct word in the space provided.

The Benefits of Travelling

Travelling can bring more benefits than you (0) <u>could</u> imagine. One obvious benefit is it gives you a fresh start when you come back (1) <u>on</u> a trip. You feel refreshed to take on new challenges. It also keeps you physically fit by (2) <u>be</u> active throughout your journey. Another advantage of travelling is it (3) <u>allowing</u> you to meet new people from all walks of life. This expands your view on life. Travelling with friends or family members give you a chance to (4) <u>strengthened</u> your relationship. Travelling alone gives you a chance to be (5) <u>most</u> mindful of yourself. You get to experience inner peace. Another advantage is seeing how people in different places live (6) <u>our</u> lives make us reflect on our own lives and be thankful for what we (7) <u>has</u>. This changes your attitude towards life. Lastly, travelling is a good way to train you to be more organised. You learn (8) <u>which</u> to plan, budget and make the best of your money.

5.	6.	7.	8.
1.	2.	3.	4.
Call			

Read the text below and correct the underlined errors. For each question, write the correct word in the space provided.

Many adults take vitamins and supplements (0) <u>buy</u> over-the-counter. Do they really guarantee good health? Or are (1) <u>them</u> a waste of money? One thing is for sure and that is they can never substitute a balanced and healthy diet. In fact, (2) <u>takes</u> without the advice of a doctor, they can be dangerous to health. The popularity of vitamins and supplement (3) <u>are</u> clear from the racks of supplements displayed in every pharmacy as well as departmental stores. (4) <u>But</u> popular, studies show that they (5) <u>offered</u> little health benefits. So why do people still take them? People continue to take them (6) <u>while</u> it makes them feel they are healthier. Some supplements do help people who suffer from certain ailments because they (7) <u>did</u> not get enough of the vitamins and minerals from their normal diet. People (8) <u>when</u> do not have health issues should get their vitamins and minerals from food instead of pill.

Example:

0 bought

1.	2.	3.	4.
5.	6.	7.	8.

Practice 4

Read the text below and correct the underlined errors. For each question, write the correct word in the space provided.

Do you sometimes get up **(0)** <u>in</u> aches and pains in the morning? This could be due to your sleeping posture. A proper sleeping posture can **(1)** <u>helps</u> to relieve the stress on your spine. It helps you to get quality sleep. There are some positions that are **(2)** <u>consider</u> healthier. Experts say that sleeping on the side or back **(3)** <u>are</u> better than sleeping on the stomach. People who prefer sleeping on the side should **(4)** <u>used</u> a pillow between the knees to reduce back pain. Those who have shoulder pain or are worried **(5)** <u>with</u> wrinkles should not sleep on the side. Many people sleep on their back. This is good for your spine because **(6)** <u>these</u> posture helps to distribute the weight of your body. Besides sleeping position, one should also **(7)** <u>using</u> a pillow that supports the neck well. If you feel you are not sleeping well, try **(8)** <u>from</u> different sleep posture.

0	with	
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1.	2.	3.	4.
5.	6.	7.	8.

Read the text below and correct the underlined errors. For each question, write the correct word in the space provided.

> Taking care of your emotional health (0) were as important as taking care of (1) our physical health. Mental health is not just about mental disorder. (2) They includes anxiety, depression, loss of self-worth and not feeling your usual self. Do not (3) dismisses them as just part of growing up. If you are (4) worry about something, talk to somebody whom you trust. Talking to your friend (5) helped too. Talking to someone opens up your world (6) which makes you realise that someone else is also experiencing (7) why you are going through. Hence, what you are going (8) about isn't necessarily a problem. If what you are feeling has to do with how you look, learn to accept yourself. You are special in your own ways.

Example:

0	is

1.	2.	3.	4.
5.	6.	7.	8.

Practice 6

Read the text below and correct the underlined errors. For each question, write the correct word in the space provided.

> Food is the fuel for energy and mood. Both of (0) this can affect your focus. Eating the right type of food can (1) affects your mental clarity, mood, memory, and improve your ability (2) by focus. So, if you are trying to look into ways to boost your focus, one of the places you (3) ought start with is what you are eating. Studies (4) shows that food like blueberries can help you focus (5) good. Blueberries contain antioxidants that increase the flow of blood and oxygen into (6) yours brain. This makes your mind fresh. Green tea also helps you to focus. It contains caffeine (7) who helps you focus. Eat plenty of green leafy vegetables. They are (8) pack with vitamin B which improves your overall brain health. So, watch what you eat if you are thinking of getting better grades.

> > (Sourced from: https://alifeofproductivity.com/9-brain-foods-that-will-boost-your-ability-to-focus/)

0 1	hese
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1.	2.	3.	4.
5.	6.	7.	8.

Read the text below and correct the underlined errors. For each question, write the correct word in the space provided.

Improving Your Grades in School

Are you trying to improve your grades in school (0) and not seeing any progress? Begin by actively (1) listen to your teachers in class. Take notes on what you have (2) learn. This is by no means complete. You (3) would look up on missing information or what you do not understand (4) on the end of the lesson. Take part (5) active in class discussions. Always ask for clarification (6) what you are uncertain. Do not hesitate to approach your teachers (7) but your friends when you need help. How much you are able to learn in class depends very much on how (8) focus you are. Put all your attention on what you are learning in class. This will go a long way in improving your grades.

0	but	
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1.	2.	3.	4.
5.	6.	7.	8.



Information Transfer

Practice 1

Read the text below and complete the following table with **no more than three words and/or a number** from the text for each answer.

Animals for the disabled

Some animals can help people with physical disabilities. We often hear of dogs being used to help the blind. Some animals can do tasks such as opening or closing doors, turning off the light or making a noise to inform others that help is needed. In some country, monkeys are used to help people with spinal cord injuries. Monkeys have such good motor skills that they can be trained to do complex tasks such as fetching a drink. Such service animals are specially trained to help people. Other animals like cat, fish, birds and rabbit can be used to help children with autism. These animals have a calming effect on such children. Animals can also help people with depression. They can become loving companions and help to reduce tension and improve moods. Pets have been found to lower blood pressure and can be trained to help people who tend to harm themselves. Animals are excellent for people with disabilities and those who are depressed because they have a calming effect. These furry animals help to reduce anxiety. They help in a way that normal people are not able to.

(Adapted from: https://www.aruma.com.au/about-us/blog/how-animals-lend-a-helping-paw-to-people-with-disabilities/)

Limited physical functions	1
Animals for the disabled	2
Monkeys have good	3
Animals help to	4.
They can perform complex tasks	6.
Pets can help lower	7
Animals have a calming effect because they	8

Read the text below and complete the following table with **no more than three words and/or a number** from the text for each answer.



Journal writing is the process of recording down your personal feelings, thoughts and ideas. Journal writing helps you understand your past, present and future. By writing down what you have done, you will have a better understanding of your values and emotions. Journal writing helps you sort through the mental clutter on why you feel what you are feeling. This enables you to reassess your goals in life.

Writing about your experiences helps you process them. It enables you to learn to break down complex experiences into relevant, useful bits of information that make sense to you. In this way, it helps you see opportunities that may not have been clear at first glance.

By writing down what has happened to you, you are able to track what you have done and where you have gone wrong in life to prevent you from repeating the mistake. The best thing about journal writing is that it makes you reflect on what you have done. Reflection is the key to a better future. It allows you to see how you have changed over time. You read your past entry and evaluate your actions. This helps to make you a better person.

 $(Sourced from \ http://www.lifehack.org/articles/communication/journal-writing-5-smart-reasons-why-you-should-start-doing-today.html)\\$

Journal Writing

It helps you understand your	1
Sorting your mental clutter helps to	2
Writing experiences helps you to	3
Tracking your mistakes prevents you from	5
Key to a better future.	6
Your journal shows how you have	7
Journals help you to	8



Read the text below and complete the following table with **no more than three words and/or a number** from the text for each answer.

Picnics may not sound exciting but it offers a very different kind of joy. In this busy world where children are busy with school work and adults are immersed in their job, picnic can be a lifeline. It is an activity that needs little preparation but comes with loads of benefits. It is good for overall health. People can get connected with nature and breathe in fresh air. Include some sports activities like playing badminton or football will help to improve your health. Being with nature helps to reduce stress and give you peace of mind. Going for a picnic is a great way to improve your social life without breaking the bank. You do not need to spend much. Pack some delicious sandwiches and lots of fruits. It definitely costs less than going to a restaurant. It is also far more interesting for all. It is always good to connect children with nature and animals.

You get a chance to connect	1
The activity needs	2
Include this in your picnics	3
Include games like	4 5
This gives peace and reduces stress	6.
To organise a picnic you don't need to	7
Children get to connect with	8

Read the text below and complete the following table with **no more than three words and/or a number** from the text for each answer.

Are friends really friends?

Are friends really friends? Well no, not exactly. There are different levels of friendship. We only know who our friends really are when you reach a crisis point in your life. It is at such a time that you find out just who your true friends are. Of course, we have our best friends who are sometimes closer to us than family. They share all of our secrets and know us well. Is your friend willing to spend time with you when you need someone to talk to? Is your friend more interested in his or her problem rather than listening to yours? How do we know if our friends are really friends? Some friends are 'fair weather friends' who help us to celebrate and only arrive at our doorsteps when they need something from us. Others hide in lies and it would be foolish to carry on the friendship. Some friends, however, can sit in silence with us and still feel comfortable. We may not see them all the time, but we know that they will do things for us even though it means they have to go out of the way to do them. True friends are truthful. They tell you the truth even if it hurts because they care for you. They are dependable because they will always be there for you.

A time in life of difficulty or danger	1
Friends who are there only in good times	2
We share this with our friends	3
We feel this with good friends	4
True friends are	5 6
Some friends hide in	7
True friends are truthful because	8



Read the brochure and answer the questions that follow

For questions 1 to 4, write **True** or **False** for every statement given.

For 5 to 8, choose no more than five words and/or a number from the text for each answer.



DEVELOP HEALTHY LIFESTYLE

- Be active do some form of exercise everyday
- Drink plenty of water and stay away from carbonated sweet drinks
- Get at least eight hours of sleep a day

Pra

Practice Good Hygiene

- Keep yourself clean and germ free
- Wash or sanitise your hands frequently
- Bathe at least two times a day and ensure that you put on clean clothes after a bath.

Eat Well

- Eat balanced meals
- Avoid junk food
- Eat plenty of vegetables and fruits
- Snack on healthy food

Stay Safe

- Wear proper safety gears when playing sports.
- Obey safety rules while playing games

Stay Happy

- Connect with friends and family members.
- Reduce time spent on your gadgets.

[8 marks]

1.	To ensure that one is fit, one has to be engaged in physical exercise.			
2.	Drinking carbonated drinks is good for health.			
3.	. Having enough sleep is not necessary for good health.			
4.	Washing your hands is part of practising good hygiene.			
5.	Eating will ensure that you have enough nutrition.			
6.	are essential when playing sports activities because it can prevent inj	uries.		
7.	To ensure safety for all during a game, players should			
8.	When you on gadgets, you will be able to reconnect better with fri members.	ends and family		

Read the article and answer questions 1 - 8.

Does being the eldest in the family affect how a person grows up to be? It definitely will to a certain extent. Parents definitely treat their first born differently. It is after all their first time at parenting. Thus, the first born will be the centre of their life.

First born children are often showered with more love and attention than their siblings. Parents tend to give their undivided attention on the first born. This may or may not be a good thing. On the one hand, the child gets to experience undivided love and attention from the parents. On the other hand, this attention may put a great deal of pressure on the child. The child may be expected to meet the expectation of the parents. This pressure may have a negative impact on the development of the child. As an example, the first born ends to want to win and is unable to accept failure as the child sees winning as a means of securing the love showered on him or her.

Focusing too much attention on the first born can result in the child becoming more self-centred. The child may become used to the attention showered and are unwilling to share. The child may experience difficulty in accepting their younger siblings. He or she may even have difficulty making friends with others.

Questions 1 - 8

Answer the questions below. State True or False for questions 1 - 4. Write in the spaces provided. For questions 5 - 8, complete the sentences with words from the text.

1.	To new parents, parenting is a skill that needs to be learnt.	
2.	Being the first born, it is normal for the child to receive undivided love and attention.	
3.	The order in which a child is born can affect the character and personality of the child.	
4.	Having to meet the expectations of the parents can bring pressure to a child.	
5.	By showering the child with so much love and attention, the parents may unknowingly put $_$ on the child.	
6.	How the parents treat the child will have an on the child's development.	
7.	A child may find it difficult to make friends with other children as they are centre of attention.	used to be the
8.	When a child is used to be showered with love and attention, he or she may becom	ne unwilling to
		[8 marks]



Matching (Gapped Text)

Practice 1

Read the text below. Eight sentences have been removed from the text. For 1 to 4, choose from the sentences (A – D) to fit each gap. For 5 to 8, choose from the sentence (E – H) to fit each gap.

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- **A** They may also give rise to side effects.
- **B** Taking the wrong dosage of medication can cause serious side effects.
- **C** It may even cost you a life.
- **D** Medication taken wrongly can cause injury.

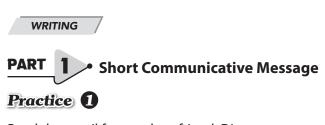
Have you been checking your social media all too often? Take a break from social media. (5)			
Social media is a double-edged sword. On the one hand, it helps people stay connected which can be good for			
health. (6) Social media can cause depression because it makes you compare your life with others.			
(7) Is social media taking you away from interacting with your friends and family members?			
(8)			

- **E** To ensure that you get the best of what social media can offer, be conscious of how you are using it.
- **F** If the answer is yes, it is time to take a break.
- **G** It is good for health.
- **H** On the other hand, social media is often linked to cyberbullying and social comparison that is bad for health and well-being.

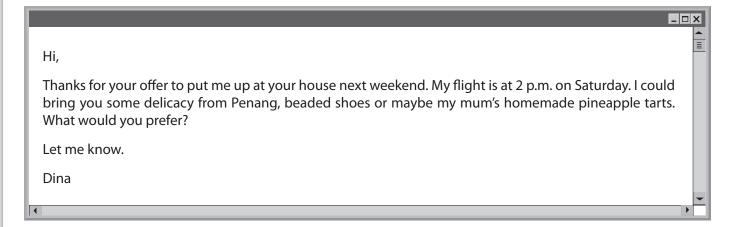
Read the text below. Eight sentences have been removed from the article. Choose from the sentences (A - H) to fill each gap (1 - 8).

Just after two months into the new term in March 2020, we were told that we would not be able to attend			
school as we normally would. (1) There was not even an assembly to announce this sudden news.			
(2) To me it sounded so incredible that a disease can actually cause the whole world to pause			
whatever they are doing. (3)			
That day my father hurried to the shopping mall to buy groceries. (4) My parents worked from			
home. Though, it was inconvenient being trapped at home, we enjoyed the time together. (5)			
So, we cooked our meals together. (6)			
On looking back, indeed it was a difficult time. (7) On a postive note, I beleive the situation			
will get better. (8)			

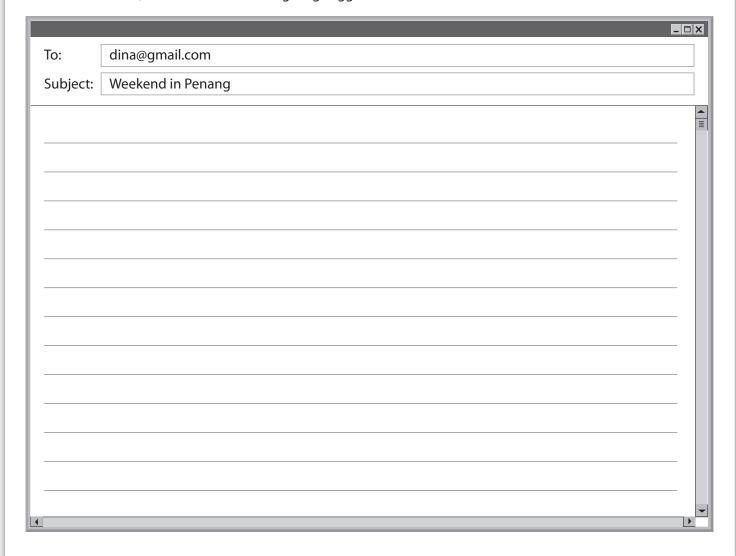
- **A** We will certainly have to work towards it.
- **B** All eateries were closed.
- **C** Perhaps the pandemic was here to remaind us to value our family time and to appreciate what we have taken for granted.
- **D** When he came back he said that many shelvas at the mall were empty and he grabbed whatever he could get.
- **E** This came as a shock to all students.
- **F** Incredible as it may seem, it actually happend.
- **G** The PA system played the recorded message of the principal saying that the country was going into a lockdown.
- **H** For once we sat down together during meal times.



Read the email from a close friend, Dina.



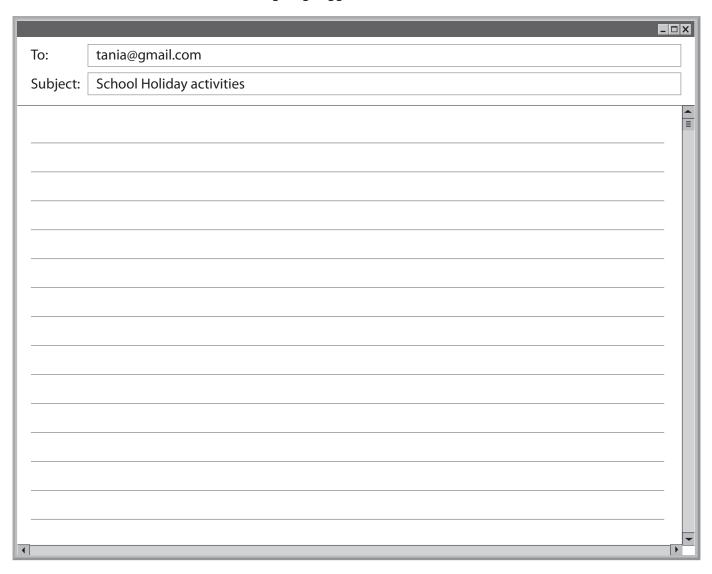
In about **60 words**, write an email to Dina giving suggestions.



Read the email from your sister.



In about **60 words**, write an email to Tania giving suggestions.



In your class, you have been talking about skin care routine.

In about **90 words**, write an **essay** on Skin Care Help for Teenagers.

You **must** use the notes below to help you.

