

READING



PRACTICE 1

Read the text carefully in each question. Choose the best answer **A**, **B** or **C**.



- 1. According to the lantern competition poster
 - participants are required to only use recycled Α materials.
 - the Trusan District Council is the organiser of В this competition.
 - С only teenagers, young adults and adults are allowed to participate.

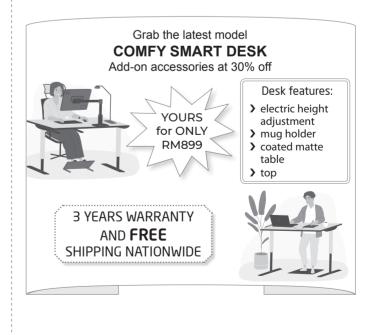
Visha:	Are you going to attend the Indian music class?
Rishi:	Is there an Indian music academy in town?
Visha:	Yes, it just started last week. Do you want to try?
Rishi:	Are you going? If you are then I'm in too.
	What instrument are you interested in?
Visha:	Maybe the sitar, I think.
Rishi:	Alright. I think I want to learn how to play
	the tabla. I can just use my bare hands and
	leave the drumsticks at home.

- 2. Based on the conversation, the *tabla* is
 - Α a famous Indian stringed instrument.
 - a pair of hand drums with the shape similar to В bongos.

an instrument made of bamboo which has six C to seven finger holes.



- 3. From the advertisement,
 - buyers will receive a free gift and a RM50 Α voucher if they can solve the formula.
 - buyers will obtain amazing free gift and В voucher for every formula calculated accurately.
 - the free gift and the RM50 voucher are to С encourage buyers to try the new infant formula.



- 4. The promotional advertisement
 - **A** is offering the sale of the smart desk at RM899 including all accessories.
 - **B** states that customers need not to pay for domestic shipping.
 - **C** describes the smart desk has four distinct features.

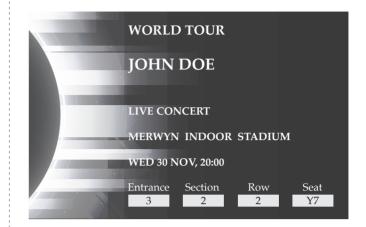


- 5. Road users are
 - **A** advised to get themselves rehabilitate before using the Jalan Pangi.
 - **B** told that the road is expected to open soon in the coming weeks.
 - **C** warned to use other routes and avoid the road ahead.



- 6. These powerful words are
 - **A** to inform the public that to be trendy and fashionable are important no matter the cost.

- **B** to raise the public's awareness to practice sustainable fashion that is eco-friendly.
- **C** to encourage the public to dress stylishly on a daily basis.



- Based on the information from the concert ticket,
 A this concert is a live show.
 - **B** the ticket is valid for two nights.
 - **C** children are not allowed to enter the arena.

Nutrition Facts Serving size ⅔ cup		
Amount per serving	Cereal	Cereal with ½ cup Skim Milk
Calories Calories from fat	240 70	280 70
Cholesterol Sodium 50mg Total Carbohydrate 37g	0 2% 12%	0 5% 14%
Dietary Fibre 3g Sugar 13g Protein 4g	12% 12% 8%	12% 16%
Vitamin A Vitamin C Calcium	0% 0% 2%	4% 0% 15%

- 8. According to the nutrition information above,
 - **A** the percentage of dietary fibre and carbohydrates is the same.
 - **B** the cereal provides the most nutrition when taken with milk.
 - **C** the cereal contains zero amount of fat.

Read the text carefully in each question. Choose the best answer **A**, **B** or **C**.

Have a fun day with family and friends!

Register ahead for easier entry. Portal lists six more sites for visitors to plan trips to Sarawak's national parks. Visiting national parks is now made easier.

- 1. What is promoted in the notice above?
 - A Trip to parks in Sarawak
 - **B** Fun and easy day in Sarawak
 - C Interesting visits to national parks in Sarawak
 - Syed: Hannah, I noticed that you've been making and baking buns the whole morning. Are you experimenting with a new recipe? That's a lot of buns on the table.
 - Hannah: Yes, Syed. I'm using a new recipe to make these buns. I hope my siblings will like them. If not, I'll just throw them away.
 - Syed: That will be a real waste. Give them to the neighbours. Remember the saying 'waste not, want not'.
- 2. The saying, waste not want not means
 - **A** not to be wasteful with anything.
 - **B** If you use something, use it sparingly.
 - **C** If one is not wasteful then one will not be in need.



- 3. This sign is most likely to be found in a
 - A district office library
 - **B** foyer of a theatre
 - **C** doctor's office

To : stella@mail.com

Subject : Planning for a family holiday

Dearest Stella,

Just a friendly reminder that "health is wealth." Let's prioritise our well-being by being mindful of what we eat. Choose nutritious options that nourish our bodies. Take small steps each day towards a healthier lifestyle. You deserve to feel your best!

Wishing you good health, Anne

- 4. How should Stella take care of her health?
 - A Spend less and save expenditure
 - **B** Reduce her food intake at mealtimes
 - **C** Learn that wealth is more important than anything else

NOTICE SCHEDULED POWER OUTAGE

Tenants and customers,

There will be a temporary power outage for three hours on 16 July from 2 p.m. to 5 p.m. The District Electric Board is replacing the electrical meters for several units in the building. Our sincerest apologies for the inconvenience.

The Management

- 5. The purpose of the notice is to
 - **A** inform tenants and customers of the power cut.
 - **B** announce the replacing of electrical meters.
 - **C** stop sale of goods and services for the day.

To all Form 2 students,

The school policy allows students to bring handphones to school. Please be informed that the Principal and all Form 2 subject teachers have agreed for a Digital Detox on the following Monday and Tuesday. You are not allowed to bring handphones to school for the two days. If your parents need to contact you, they can call the office.

The Principal and teachers.

- 6. Based on the notice, Digital Detox means
 - **A** handphones are banned and not allowed in school premises.
 - **B** students must communicate verbally and literally not mechanically.
 - **C** contact between parents and students will have no means of contact.

WARNING SECURITY CAMERA IN OPERATION ON SITE MONITORING AND RECORDING 24/7

All activities are monitored and recorded on video to assist in crime prevention and to protect and upkeep public safety in this premise.

The Management

7. People in the premise should feel

- A secure and safe at all times of the day.
- **B** behave and not abuse the facilities in premise.
- **C** loss of privacy as they will be observed at all times.

Amy: Look, we bought the same tickets for the same show but Jordan paid much less than us. I think we have been ripped off.

Khalid: You're right. We've been ripped off and that's a bitter pill to swallow!

Amy: I'm going to call the person who sold us the tickets.

- 8. From the conversation, Khalid was disappointed at
 - A his ticket being ripped off by Jordan.
 - **B** being cheated and he could not swallow his food.
 - **C** the unpleasant situation but felt it had to be accepted.

PRACTICE 3

Read the text carefully in each question. Choose the best answer **A**, **B** or **C**.

A keyring is a handy little gadget that allows you to lose all of your keys at the same time.

Alan Jacobs

- The statement above can be interpreted as
 A when you fail to plan, you plan to fail.
 - **B** putting all your eggs in one basket.
 - **C** there is safety in numbers.

The current heat wave has led to reptiles, particularly snakes, 'intruding' into houses to seek respite from the heat and in search of water. Natural water sources like ponds and puddles dry up during hot spells. So, snakes can be found in water catchment areas such as drains.

- 2. Which of the following makes a good headline for the report?
 - A Heat drives snakes to sleep
 - **B** Heat drives snakes to homes
 - C Heat drives snakes to pipes and drains

You've won the following:

- 1st Cash voucher RM150, one T-shirt, Win-Win membership, poster calendar
- 2nd Cash voucher RM130, one T-shirt, Win-Win membership, poster calendar
- 3rd Cash voucher RM50, one T-shirt, Win-Win membership, poster calendar
- **3.** Seng is the runner-up in the competition. Based on the information, what differentiates him from the winner?
 - A RM20 less
 - B One T-shirt
 - **C** Membership and calendar

Productivity on the go

The trend towards lighter and more powerful laptops and notebooks gives users who demand such specs more options than ever. For business owners and executives who are *always on the go*, it means the ability to work from anywhere and get work done efficiently using the right laptops.

▶ 4 ◀

- **4.** The expression 'always on the go' means the person
 - A increase his productivity work wise.
 - **B** has hectic working and travel schedule.
 - **C** show off their capability anywhere, private and public places.
- **Friends Galore**

S

Betsy: 012 8899223

->> Forwarded

I'm sure you will enjoy this.

One word in the English Language that could be a noun, verb, adj., adv. and prep.

Read on and you'll be surprised!

This two-letter word has more meaning than any other two-letter word.

In the morning we wake up, speak up for yourself, at a meeting a topic comes up, dress up for a special date ... read on

Send this on to everyone you look up in your contact list, or not, it's up to you.

 \odot

- 5. The text above was forwarded to a chat group to
 - A demand others to learn something.
 - **B** read and forward if they want to.
 - **C** read and enjoy.

Adam : (to sister looking at her drawing on an easel) Sis, stop being so critical of yourself. You have more artistic talent in your whole body than most people have in their little finger.

- Sonia : You really think so?
- Adam : Absolutely.
- Sonia : Wait, now how was that again?
- Adam : Oh, look at the time! (*has a cheeky smile*)



- 6. The cartoon strip shows that the boy is _
 - **A** late for an appointment
 - **B** not sincere in his compliments
 - **C** seriously complimenting his sister

News report

Collectors of old bank notes and coins have been told not to assume their value as published on social media. Lately there had been many postings on Facebook on old bank notes and coin fetching high prices. Many people who have old bank notes and coins have been misled by these postings. In actual fact, these notes and coins have value only if they are not circulated and are in good condition.

- **7.** The news report is an attempt to remind readers to
 - A be careful of fake news.
 - **B** keep their collection in good order.
 - **C** be aware when using old notes and coins.

HOME DÉCOR

Good deals for homemakers and home-bakers: Wait

for the Best! Homemakers - look forward to best prices in trending home décor!

Junior home-bakers and chefs: welcome to workshops to cook and bake a storm

Cook up and bake up a Storm on 18 – 21 April

Guest cook: Champion Master Chef Malaysia Open to students 14 – 16 years

- ✤ Keen interest in cooking / baking
- Interested in organic food
- Happy to be with grease and grime
- Willing to let your hair down!
 Take a shot with us and open up your skills!!
- 8. Participants of the workshops can expect toA acquire culinary skills in baking.
 - **B** open their own bakery.
 - **b** open their own bakery
 - **C** indulge in cake eating.

Read the text carefully in each question. Choose the best answer **A**, **B** or **C**.

Cocktail of pollutants in waterways

It is not advisable to plod through highly polluted waterways because the bacterial level is very high. Bacteria is usually measured as fecal coliform and total coliform. A maximum limit of 400 cfu/100ml (colony forming units per millimetre) is acceptable for body contact. Rivers that are polluted with readings in the thousands can cause serious infections to swimmers with an open wound.

- **1.** Which of the following statements is correct?
 - **A** Polluted waterways can cause serious infections.
 - **B** Polluted waterways with a reading of 400 cfu/100ml and below are acceptable.
 - **C** Polluted waterways with readings of four figures can cause very serious infections.



- 2. Taking selfies is a common activity but one should be
 - A self-centred.
 - **B** interested in photography.
 - **C** aware of one's surroundings.

STAND TOGETHER ~ KINDNESS WEEK ~ Join the Kindness Revolution April 1 – 5 WWW.STANDTOGETHER.MY

- 3. The main objective of Kindness Week is to
 - **A** instil feelings of love for humanity.
 - **B** create good feelings towards one's friends.
 - **C** make us aware that only friends and family should stand together.

Lost In A Good Game: Why We Play Video Games And What They Can Do for Us Author: Pete Etchells

Some people say that staring at screens for extended periods of time, playing a game is changing the way our brains work and that is a bad thing that should be avoided.

The author agrees with the first but sets out to argue that the second statement is not true. Instead, he is convinced that video games are a creative medium that offers opportunities for exploring what it means to be human.

- 4. Based on the review, playing video games makesA people less creative.
 - **B** people lose their sight.
 - **C** people more understanding.

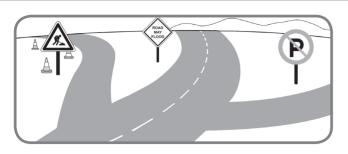


Special offer this month for senior citizens Free ride to any part of the city.

- 5. The special offer for train rides
 - **A** cuts down on use of vehicles in the city.
 - **B** enables senior citizens to be more mobile.
 - **C** encourages the elderly to make frequent trips to the city.

PLEASE WAIT TO BE SEATED, WE WILL ATTEND TO YOU

- When a table is available
- When your number is announced
- While waiting, enjoy the snacks and music
- **6.** The sign above is placed outside an eating place to emphasise
 - **A** first come first served.
 - **B** service above self.
 - **C** first class service.



- 7. A motorist who sees these signs on a road will **A** wait till the flood has subsided.
 - **B** probably go down the road slowly.
 - **C** make a 360 degree turn and stay away until the road work ends.

READER SURVEY

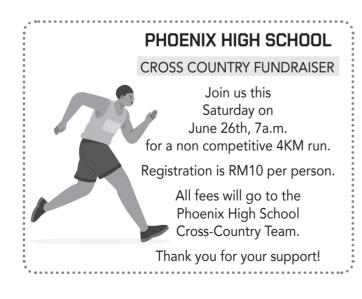
Please give us your feedback by replying to our reader survey today!

As a token of our appreciation, 50 early bird respondents will receive either (tick one).

- () A hardcover reference with more than 200 ways to save money
- () Compilation of songs of inspiration and joy to bring out creativity and confidence
- 8. The idiomatic expression most applicable here is
 - **A** the early bird catches the worm
 - **B** slow and steady wins the race
 - **C** race for the moon

PRACTICE 5

Read the text carefully in each question. Choose the best answer **A**, **B** or **C**.



- 1. The aim of this cross-country run is to
 - **A** encourage people to join the cross country team.
 - **B** raise funds for the cross-country team.
 - **C** thank the public for their support.



- 2. This sign is to
 - **A** inform the public to feed the crocodiles.
 - **B** attract tourists to take photos of the crocodiles.
 - **C** warn the public that the river is infested with crocodiles.

Hey Tyler,

I just wanted to ask you if you are interested to join Devin and me next month for the badminton training camp at Miri? Drop by my home later. I'll tell you more about the camp.

From, Elson

- **3.** The message above is about
 - A Elson enquiring if Tyler would like to join the badminton training camp.
 - **B** Elson telling Tyler that Devin is not interested in going to the camp.
 - **C** Devin and Elson planning to have the fun of their lifetime in Miri.

7 4



- 4. According to the poster
 - **A** every staff and student can participate in this audition.
 - **B** auditions will be held at the auditorium.
 - **C** Ms. Joyce is one of the panel judges.

MY BLOG

Hey guys! Welcome to my blog. I'm Mike and I'm 13. I'm super excited to know that everyone is interested to know about skateboarding.

I think skateboarding is just awesome. The most important lessons that you will get from skateboarding are learn to balance and how to pick up yourself after you've fallen. Let me tell you, you'll fall countless of times. Just like life, you need to pick yourself up and try again!

- 5. Based on Mike's blog,
 - A he thinks skateboarding is easily done.
 - **B** he has been skateboarding for 13 years.
 - **C** he advises aspiring skateboarders to persevere despite many falls.



Will climate change prolong the wildfire seasons? By Sammi Guang

- 6. The word **prolong** in the newspaper headline means
 - **A** that the climate change will last longer than the wildfire.
 - **B** that the wildfire is the main reason for the extreme weather.
 - **C** that the wildfire seasons will last longer probably due to climate change.



IS THIS YOUR CAT?

He is trying to move into our house.

Please call Brian at 012 09899222 and bring your cat home safely. Paying rent in our house isn't cheap.

- 7. This is a hilarious poster about
 - **A** a cat that is causing nuisance in the neighbourhood.
 - **B** a cat found its way and living in a stranger's home.
 - **C** a cat scratching the door of a stranger's home.



- 8. The tigers in the Coat of Arms of Malaysia
 - **A** are resting on the shield.
 - **B** are clawing at each other.
 - **C** are supporting the shield.

PART 2 • Error Correction

PRACTICE 1

Read the text below and correct the underlined errors. For each question, write the correct word in the space provided below.

Dancing 'old heart-throbs' become Tik Tok sensation

In this era of modern inventions (0) <u>but</u> internet, people can download tonnes of music into their playlists. They can also easily watch concerts from the comfort of their homes with the (1) <u>high</u> resolution provided by the large screen smart television. Now with streaming services, watching live performances are just a click away.

However, attending a live performance is the best way to (2) <u>experienced</u> music. Getting to listen to their favourite songs from their favourite band or artist can be an unforgettable experience. Besides, live performances establish a unique connection between the fans and their musicians. They can enjoy the music in real time. This heightens the energy of the concert and provides a beautiful moment for everyone which cannot be (3) replicate through recorded music or through streaming platforms.

Live music is by nature a shared moment. Going to these live (4) <u>performance</u> with friends or family members are a great way to spend time together. After experiencing a new adventure, people usually feel closer because they have shared that experience. (5) <u>Their</u> can create memories that would last a lifetime.

Another reason to enjoy live music is (6) so it improves mental health. When attending live concerts, the brain releases dopamine and serotonin which are chemicals that are (7) know to boost feelings of pleasure and happiness. It also lowers the stress hormone such as cortisol. This suggests that regularly attending live concerts could be one of the key to improve one's mental health.

It is without a doubt that attending live performance is considered a superior way of music consumption. One gets to feel the energy, excitement and nothing can beat the sense of community that can be found at a live concert. Every concert (8) are one-off experience and a moment that is unique.

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Read the text below and correct the underlined errors. For each question, write the correct word in the space provided below.

> As a student, I am quite busy on weekdays. However, at weekends, I have much free time, so I usually spend it on (0) relax to prepare for a coming busy week. First of all, in my free time, I like (1) play some sports, such as soccer, badminton or basketball, with my friends. Sport not only makes me (2) strongest but also connects me with my friends who have the same hobbies. We sometimes go riding in order that we can (3) combines sporting activity and sightseeing. If the weather is not fine enough for me to (4) hang up with my friends, I like to read books. I have a big bookshelf with (5) much kinds of books but I prefer science books. Through these books, my knowledge is gradually enlarged. Thirdly, I also love to listen to (6) musical ffrom pop, rock 'n roll to rap or melody. I can listen to music at any place with a small but modern IPod which is my father's gift for my 18th birthday. Sometimes, I dance freely when listening to my favourite songs. Music (7) readily paints my life. Last but not least, I spend my free time on surfing on Internet. I can (8) chatting with my friends from very far distance or log on websites to read online news. With Internet, I update many things without having to go anywhere. I can also study English through some interesting websites. In conclusion, I want to use all of my free time to relax and connect with other people.

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Read the text below and correct the underlined errors. For each question, write the correct word in the space provided below.

> Competition is a relationship (0) among two or more people pushing each other to be at their best. Understanding that competitors are well-trained and motivated (1) help a person have a healthy competitive spirit. Competitors are there to challenge (2) you abilities and training. An important part of a game is the basic satisfaction of (3) participate, getting fit and enhancing friendships. (4) With opponents, there is no game, contest and fun. There is mutual indebtedness for both parties. The spirit of competition is thus (5) base on co-operation to uphold high standards of integrity and fair play. All players are (6) encouraging to exercise good judgement in caring for the safety of themselves and others. In the (7) truer sense of the word, there is nothing wrong with competition. It (8) mere involves struggling against others to win a prize.

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Read the text below and correct the underlined errors. For each question, write the correct word in the space provided below.

> A digital detox is a temporary (0) <u>breaking</u> from digital devices to focus on the physical or real world. It (1) <u>reducing</u> stress and prevents being addicted to the Internet. It is (2) <u>believing</u> that many Malaysians are addicted to the Internet. They do not seem to be able to unwind (3) <u>where</u> or any time as even on holidays, they look for free Internet services. Some even (4) <u>begins</u> complaining if there are no such services at airports. The (5) <u>smartphones</u> is the most popular device to access the Internet. A user (6) <u>normal</u> has an average of four social media accounts. He spends (7) <u>always</u> four hours a day browsing these sites. This may be (8) <u>unhealthily</u> but being connected may be a positive thing but stop to smell the roses once in a while.

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Read the text below and correct the underlined errors. For each question, write the correct word in the space provided below.

The International Space Station is a research facility in space that **(0)** <u>orbit</u> Earth. It is used for scientific research and developing new technology. The station is **(1)** <u>manages</u> by a crew of six astronauts **(2)** <u>which</u> live aboard for six months before a new crew takes over. This cycle keeps on repeating.

However, in 2021, Mark Vande Hei (3) <u>breaks</u> the record for the time spent on the space station. He was in space for 355 days!

It goes without saying that living and working in space is different from Earth. Since the **(4)** <u>early</u> days of space, eating in zero-gravity environment has been challenging for the astronauts. They can't sit in chair or at the table and have a normal meal on plates. This is because everything **(5)** <u>floating!</u> Therefore, all their meals are specially made and packaged. Even using the toilet is a whole new adventure. The astronauts have to be **(6)** <u>strap</u> in or else they will be floating.

Occasionally the astronauts go outside the space station which is called spacewalking. They have to wear special suits. Sometimes some (7) <u>experiment</u>, are done outside the spacecraft which allow the scientists to learn how being in space affects different things. While (8) <u>live</u> in space has presented some challenges, the space station and crew have learnt to adapt to it.

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PART 3 Information Transfer

PRACTICE 1

Read the text below and complete the following mind map with **no more than three words and/or a number** from the text for each answer.

Irau Aco Lun Bawang

Irau Aco Lun Bawang which translates as Lun Bawang Festival is celebrated by the Lun Bawang. They are part of the ethnic group called Orang Ulu who dwells in the central and northeastern part of Sarawak. Traditionally, this annual festival is a celebration of good rice harvest but now, it is a celebration to showcase the cultural richness and heritage of the Lun Bawang community.

Today the iconic event is a three-day celebration from June 1 to June 3 with Lawas, as the heartbeat of this festival. The Lun Bawang Association of Sarawak has been the sole organiser of this event since 1987. It aims to make the festival a paramount asset to the people in Lawas in terms of boosting local tourism and economies.

The festival usually kicks off with a string of modern sports such as football, volleyball and badminton. Visitors to this festival will also get to see traditional sports such as blowpipe shooting, chopping firewood and tug-of-war.

Another aspect not to be missed is the Lun Bawang Bazaar where 102 booths displaying a wide range of products and services. People get to see skilled artisans showcasing their craftsmanship such as intricate beadwork, weaving and paintings. This is also the best time to savour the Lun Bawang cuisine especially "Nuba Laya" or "Nuba Tinga" which is mashed rice wrapped in leaves. One should also try the "daun ubi tumbuk" which is pounded cassava leaves. These leaves are pounded until it has the consistency of pesto then are sautéed with anchovies and chillies.

The cultural nights are simply entertaining. Visitors will get to feast their eyes on captivating cultural performances from the locals. The highlight of the cultural night is the beauty pageant known as Ruran Ulung and warrior contest, Padan Liu Burung. Ruran Ulung, regarded as legendary queen was believed to be the most beautiful woman to walk on Earth and Padan Liu Burung was depicted as strong warrior with strong physique.

Overall, this festival is a vibrant celebration close to every Lun Bawang's heart. It is on day such as this that the people's culture and heritage are showcased to its fullest. It also serves as a platform to pass this down to the younger generations. Ultimately, it is a time of joy, gathering of loved ones and appreciation of these unique customs.

Irau Ao	Irau Aco Lun Bawang		
Meaning of Irau Aco Lun Bawang 1.	Name one Lun Bawang Cuisine 5.		
Celebrated by 2.	Traditional Sport 6.		
Name of Ethnic Group 3.	Legendary Beauty Queen 7.		
Location of the festival 4.	Legendary Strong Warrior 8.		

Read the text below and complete the following mind map with **no more than three words and/or a number** from the text for each answer.

Caring for houseplants

While different plants have different needs, understanding the basic requirements of most houseplants can ensure your indoor jungle is lush and thriving. Do a bit of research on individual plants. The fertilizer and watering requirements of cacti are very different from the requirements plants like African violets need to survive. Research how frequently individual plants need to be watered and fertilized and also explore their specific lighting requirements.

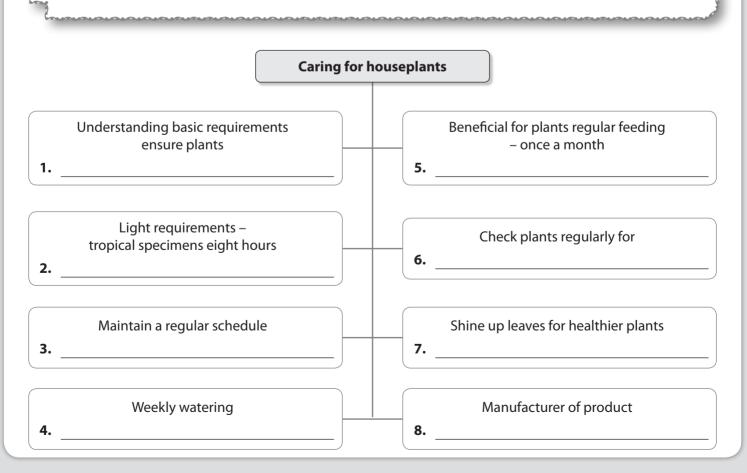
Make sure your houseplants get enough light. Some plants do well in low light; however, the majority of houseplants are tropical specimens that require at least six to eight hours of unobstructed light. South-facing windows are ideal for most houseplants, but any bright window should do. For very shady locations, add a LED grow light or bulb near your houseplants For particularly bright windows, take care to ensure your houseplants don't get sunburned

Maintain a regular watering and fertilizing schedule. Most tropical houseplants do well with weekly watering; however, avoid overwatering your plants.

Houseplants can benefit from regular feeding with organic fertilizers intended for indoor use. A good rule of thumb is to feed your plants approximately once a month during active growth cycles.

Check your plants regularly for signs of pests. While there are certainly more plant pests present in nature, from time to time creepy crawlies can find their way into your indoor plants.

Shine up your leaves for healthier plants. Plants need clean, dust-free leaves for optimal photosynthesis. Occasionally polish plant leaves with a bit of warm water and a soft cloth. Your plants will look tidier for it and they'll be that much better at improving indoor air quality, regulating humidity and more.



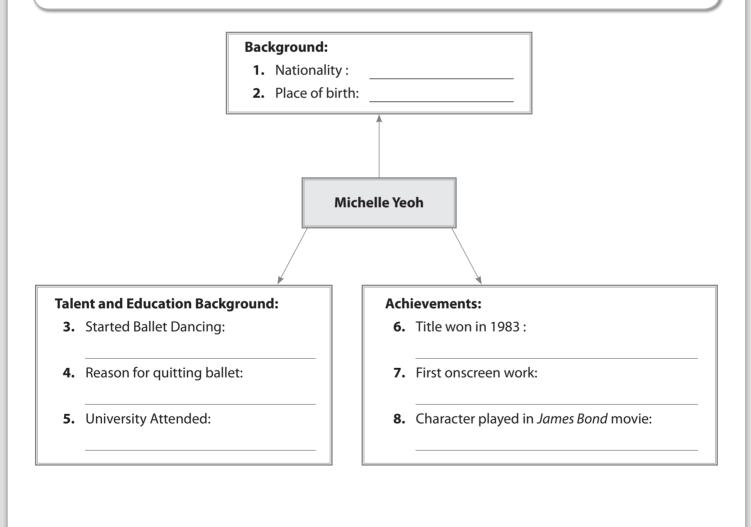
Read the text below and complete the following mind map with **no more than three words and/or a number** from the text for each answer.

A Beauty Queen Who Knows Kung Fu

Michelle Yeoh who is an international film star is a Malaysian. She was born in Ipoh, Perak on August 6th, 1962. She didn't start her career as an actress. Her first love was ballet. She yearned to be a ballerina since she was a young girl. She began to dance ballet at the tender age of four. Then, at 15 years old, she went abroad to the United Kingdom to study. After completing her secondary school, she continued her tertiary education at the Royal Academy of Dance in London, majoring in ballet. Sadly, this dream to be a professional ballet dancer was shattered when she suffered a spinal cord injury. Despite this setback, she still managed to complete her degree in choreography and drama.

In the summer of 1983, she returned to Malaysia to discover that her mother had registered her name to compete in the Miss Malaysia beauty pageant. She was completely surprised by this little twist of event. Fortunately, for her, it was a good twist of event because she won the title of Miss Malaysia that year.

Winning the beauty contest had catapulted her straight into the limelight. So, in 1984, she went to Hong Kong to launch her acting career. Her first time on the camera was for Guy Laroche, a watch commercial with Jackie Chan. From then onwards, she continued to act in over a dozen of martial arts movies and became a household name. She also made history as the first Asian female to be cast in the 1997 James Bond movie, Tomorrow Never Dies. She played the role of Wai Lin alongside Pierce Brosnan. Brosnan described her as the female version of James Bond due to her skills in martial arts. Michelle Yeoh is without a doubt a prolific actress with an illustrious career of our time.



Read the text below and complete the following mind map with **no more than three words and/or a number** from the text for each answer.

Batu Caves

The Batu Caves complex consists of three main caves plus a series of smaller ones, most of them containing statues and 100-year-old shrines dedicated to Hindu gods. The main cave, known as Cathedral Cave, is at the top of a massive colourful staircase—make it all the way up the 272 steps, and you'll find a space decorated with statues, altars, and lights. At the bottom of the stairs, a 43-metre-tall gold statue of Lord Murugan welcomes visitors. During the Hindu festival of Thaipusam in January, thousands of people flock to the cave for the celebrations.





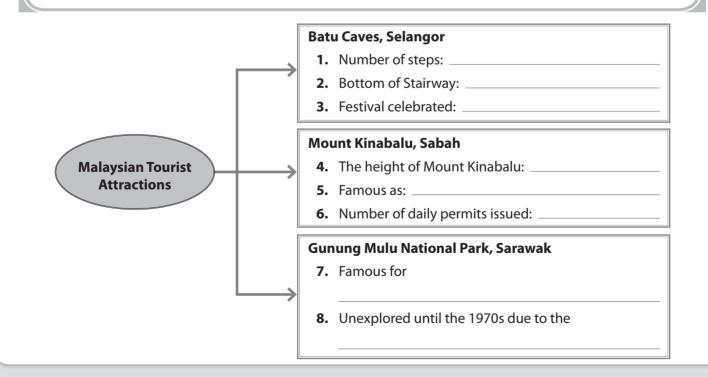
Mount Kinabalu, Sabah

At just over 4,095 metres high, Mount Kinabalu is the tallest mountain in Malaysia. The mountain is part of Kinabalu Park, one of the oldest national parks in Malaysia and a UNESCO World Heritage Site. Mount Kinabalu is a major destination for climbers, but summiting here can be tricky. Only 185 climb permits are issued daily by the park. Climbers should plan a stay at the Kinabalu National Park before attempting the climb—since the park itself is already at an altitude of over 1,800 metres, this will allow for acclimatization before attempting to reach the peak.

Gunung Mulu National Park, Sarawak

This UNESCO World Heritage Site might be more famous for its impressive karst limestone pinnacles but the park's massive caves are just as stunning. Thick rain forest covers most of the park and makes some areas difficult to access—one of the reasons some of the caves here weren't really explored until the 1970s. Another reason is how massive the cave systems are: both the largest passage and the largest underground chamber in the world are located in caves here.





Read the text below and complete the following mind map with **no more than three words and/or a number** from the text for each answer.

From Street Busker to Global Stardom

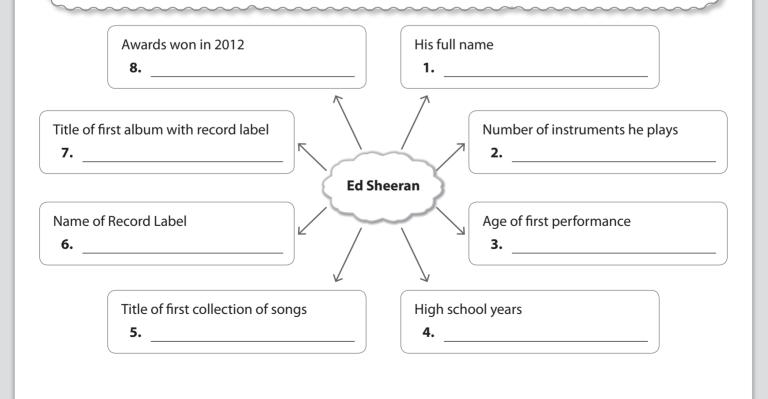
He is among the best selling music artists across the globe. Among his notable songs are "Perfect", "Shape of You" and "Castle on the Hill". Edward Christopher Sheeran who is better known as Ed Sheeran was born on 17 February, 1991, in Halifax, West Yorkshire. Then the family moved to Fralingham, Suffolk where he spent most of his childhood. He comes from a family who loves art and music. His parents are in the art world and his elder brother, Matthew is a classical music composer.

From a young age he was encouraged to be in music. He started to join the church choir at the age of four and learned the cello before starting the guitar at eleven years old. Along the years he also picked up the piano, bass and drums. He dabbled in songwriting when he went to high school.

His first ever performance happened quite accidentally. It was meant to be a duo. His friend, Dan was supposed to play the piano. Unfortunately, things didn't happen according to plan. They couldn't bring the piano on stage. So, the duo performance turned to a solo performance with Ed singing alone on the stage.

Although he felt nervous, he went ahead with the performance. When it was over, he was pleasantly surprised to know that people thought he was good. It was the day the 11 year-old realised that he could do something with it. He started busking and performing in London at the age of 18. In his "Photograph" music video, fans are given a rare glimpse into his childhood in a montage of videos. This home-movie video clip also included Sheeran busking on the street during his early days as a new artist.

He continued to push forward and in 2004, he started recording his music independently with his first collection of songs called the "Spinning Man". He went on to release more songs. His big break came when he signed with Atlantic Records in 2011. Sheeran first album titled '+' (Plus) was released in September 2011. The album went platinum six times! It shot him to superstardom and internationally well known. In 2012, he went on to win the Brit Awards for British Breakthrough Act and British Solo Male Artist. Sheeran's star continues to soar in the music industry. He has composed over 120 songs to date and released six albums. There is no stopping this man and his unruly ginger hair.



which can cause illnesses.

PART 4 • Short Answer

PRACTICE 1

Read the text and answers the questions that follow. Choose **no more than five words and/or a number** from the text for each answer.

Why Fast Fashion is a Problem

Fast fashion basically means rapid mass production of inexpensive and stylish garments. It has gained popularity in recent years. The retailers tempt the consumers by offering cheap clothes. The designs are replicated from the latest trends of high-end brands. These clothes are usually made from low quality materials.

These cheaply made clothes have detrimental impact on the environment, garment workers, animals and consumers' wallets. Since fast fashion depends heavily on consumers buying endlessly, this can lead to a culture of disposability whereby clothes are worn for short term use only and then discarded. Consequently, resulting in massive amount of clothing been dumped in the landfills.

With the fashion fast changing trends and the need to feed consumers' desire for new clothes, manufacturers have to keep up with the insatiable and overwhelming demands. What consumers fail to see is the toxic waste and dangerous dyes used in these factories that seep into the water supplies that can harm the ecosystems.

Furthermore, fast fashion also has a bad reputation for unethical workers exploitation. One way to keep the clothes super cheap is to give the workers low wages. These workers are underpaid and have to work for long hours in an inhumane working condition. These poor workers are exposed to harmful chemicals which are known to cause respiratory illnesses and cancer. This is today's version of modern slavery.

Fast fashion may look good on the consumer but it can't be said for the rest. The public should be aware of these negative impacts and embrace conscious consumption. They should be supporting ethical and sustainable fashion. Help mitigate the detrimental effects on the environment by making informed choices. No one is stopping anyone from shopping just buy from eco-friendly brands.

1. Fast fashion is

- 2. Retailers entice consumers by ______.
- 3. Due to the culture of disposability ______ ended up in the landfills.

4. Manufacturers have to keep up with the _____

5. Fast fashion is associated with the ______ of workers.

6. In order to keep the price of the clothes affordable, the _____

- 7. These garment workers are exposed to _____
- 8. Consumers are advised to support ethical fashion and buy from _____

Questions 9 and 10

Complete the table with **a word** from the text.

For each question, write your answer in the space provided..

Meanings	Word/Phrase
9. causing harm or damage	
10. the horrible act of selfishly taking advantage of someone	

Read the text and answers the questions that follow. Choose **no more than five words and/or a number** from the text for each answer.

STARTED rock climbing as a sport about a decade ago. Although I have done it more for recreation, rather than as a competitive sport, I have identified life lessons that one can take away from the activity.

1. Community is crucial

Climbing is an individual sport, yet the climbing community plays a big role for most climbers. We learn together, and encourage, challenge and support each other. It is mandatory to perform a safety check with a buddy before climbing a high wall. Meeting people in the climbing community is common because they are there to cheer you on when you're on the wall even though you might be strangers. Climbing is a reminder that we need a community to thrive

2. Power of analytical thinking

The activity of climbing is part physical and part mental. It is extremely difficult to rely on brute strength alone if your body doesn't understand the sequence of moves.

Climbing is akin to putting together a puzzle, You have to visualise the route and break it down into moves that you are physically able to complete.

3. Facing your fears

When I am climbing, especially during difficult routes, there is little room to think about anything else. It forces me to be in the moment and face my fears, both rational and irrational, as I ascend. You learn to cope with your fears. Sometimes, I shove my doubts into a box; other times, I coax myself into a move by giving allowance for failure.

4. Choosing to trust

I am often forced out of my physical and mental comfort zones when I am climbing. When things get scary, it's easy to give up and not try. But if I want to ascend, I need to be able to exercise trust as I climb. I need to trust my climbing buddy to watch out for me, as well as the placement of my fingers and toes on the rocks. Without a certain degree of trust, it is impossible to make progress.

5. Keeping the grit in your grip

Climbing is not only a test of strength and courage, it also demands perseverance. When my muscles are burning and my breathing is shallow, I tell myself to push a little more.

I try to keep going until my body gives way. I tell myself that it's okay to fall or fail, but if I willingly give up, I'll regret it.

Adapted from The Star Living July 2023

- Climbers need the support of the climbing community to learn, _________each other.
 Before climbing a high wall, itt is mandatory to do a _______.
 Climbing involves both physical and mental strength for _______.
 Climbing is like _______ and one has to visualize a route broken down into attainable moves.
 When the writer is doing difficult routes, he braves himself to be in the moment and _______
- 6. During scary situation, the writer does not give up but exercise ______ and correct physical movements.
- 7. Rock climbing is a test of strength, courage and ______.
- 8. While climbing it is all right to fail or fall but wrong to ______.

Questions 9 and 10

Complete the table with **a word** from the text. For each question, write the answer in the space provided.

	Meanings	Word/Phrase
9	• compulsory, unavoidable	
10	• continue doing what one is involved it	

Read the text and answers the questions that follow. Choose **no more than five words and/or a number** from the text for each answer.

White Water Rafting

Venue : Kuala Kubu Baru, (KKB), Selangor

Duration : Three hours

Cost : RM180 per person including snacks and bottle of water

For your information:

- Rafting sessions are conducted when there is water spillage from Selangor Dam, so there is not much rafting during the dry season.
- Participants should park their cars at the end point which is near AsiaCamp, KKB organisers will transport participants to the starting point.
- Briefing on basic water manoeuvres and dos and don'ts in the raft.
- Distance covered is about 7km of Sungai Selangor expect a lot of rapids along the way.
- If you intend to take photos, put camera/handphone in a waterproof pouch this is at your own risk.
- Just a few metres to the end, you can float with the river current using a flotation device.

Things to prepare:

- Lock your valuables in the car or hand them to the organiser for safekeeping as lockers are not provided.
- Helmet, paddles and flotation devices are provided.
- Put on appropriate attire bring a spare set of clothes casual wear.
- Wear either strap sandals, shoes or water shoes advisable not to wear slippers for safety reasons.
- It is optional to brings sports glasses and workout gloves.
- Apply sunscreen prior to the activity likely to get sunburned.
- As this is an extreme sport, it is not recommended for young children, pregnant women and the elderly.
- 1. White water rafting is not carried out at KKB in the dry season as the activity requires water spillage

2. The ending point of the water rafting route is near _____

- 3. Before participants start on the rafting trip, they are briefed on dos and don'ts in the raft and _____
- 4. Participants must keep their camera or mobiles in a waterproof pouch to keep them ____
- 5. The proper footwear recommended for the activity are strap sandals, shoes or water shoes
- 6. Participants are advised to wear and bring a change of ______ such as long pants and T-shirts.
- 7. Participants should apply sunscreen before they go on the activity as they are likely _____
- 8. Pregnant women, children and the elderly are not advised to do water rafting as _____

Questions 9 and 10

Complete the table with **a word** from the text.

For each question, write your answer in the space provided.

	Meaning	Word
9.	actions of doing things to gain a tactical advantage	
10.	not compulsory, voluntary	



Read the text and answers the questions that follow. Choose **no more than five words and/or a number** from the text for each answer.

Young conservationist, Iszuddin A. Izham who had been selling cookies to raise funds for turtle protection efforts, had the chance to witness the release of turtle hatchlings. Iszuddin, 12, who flew to Sandakan from Kuala Lumpur with his father was invited for an event to mark the release of the 30,000th hatchling in Pulau Libaran to thank the boy for his concern and interest in turtle conservation.

Iszuddin had decided to bake cookies and sell them on weekends to raise funds for the community beach cleaning after reading about the work of Walai Penyu Conservation Park. Friends of Sea Turtle Education and Research president said that it was heartwarming to see such a young boy keen to do something for conservation. So, the release of the 30,000th hatchling was an important milestone in their efforts to protect turtles. It had been challenging since the project started in 2013. This joint effort with Sabah Wildlife Department had managed to raise awareness among the public especially the villagers living on land around the island.

During the event, students from the island school toured the sanctuary and listened to a talk on the turtle protection programme. They then joined the villagers to clean part of the beach. The beach clean-up programme started four years ago. A clean shore makes it easier for the turtles to come ashore to lay their eggs. The Pulau Libaran hatchery has collected a total of 32,876 eggs comprising eggs of the Green Turtle and Hawksbill Turtle.

Iszuddin presented 30 copies of his self-compiled cookbook, *Kitchen With Iszuddin*, a 20-page recipe book with 11 of his favourite recipes from cookies to desserts, some facts on the ocean and beach as well as two colouring pages. Proceeds from sale of the book which is available on the Facebook page of Walai Penyu Conservation Park will go to the turtle hatchery.

- 1. Iszuddin is a young conservationist who raised funds for ______
- 3. The conservation work at Walai Penyu Conservation Park inspired Iszuddin to raise funds for the project of
- **4.** Iszuddin's contribution to conservation is heartwarming and the event at the conservation centre a milestone in its ______.
- 5. Three things that the students enjoy at the event are tour, talk and ______
- 6. The beach should be kept clean so that it is easier for the turtles to come ashore or _____
- 7. The cookbook, Kitchen with Iszuddin, is available online on the Facebook page of _____
- 8. The contents of the cookbook include facts on oceans, beaches and ______

Questions 9 and 10

Complete the table with **a word** from the text.

For each question, write your answer in the space provided.

	Meaning	Word
9.	causing pleasant feelings of happiness	
10	a significant point in development	

Read the text and answers the questions that follow. Choose **no more than five words and/or a number** from the text for each answer.

Escape from Deadly Volcano Eruption

It was a day that Andang Larasti would not forget. It was the day Mount Semeru which stands at 3,676 metres is the tallest volcano in Java erupted in December 2021. Indonesia, an archipelago of 270 million people, is nestled on the "Ring of Fire" which is a band around the Pacific Ocean that triggers frequent earthquakes and volcanic activity. There are 129 active volcanoes within this archipelago.

Andang has lived at the foot of this active volcano since childhood. It was the only home she ever knew. It never crossed her mind to uproot her family to a safer area because all of her other family members and relatives lived here. However, this farmer was forced to leave her village in Kamar Kajang when the volcano suddenly erupted on 4th December.

Initially she thought it was just a regular flood. Instead it rained gravel and ash. Then the sky darkened. This dire situation had propelled Andang, her husband and their 9-year-old son to leave the house with flashlights at 4:30p.m. They had to leave all their livestock behind.

Andang also heard that one of the villagers had his house completely destroyed razed to the ground. She also heard that houses in Renteng village were submerged in four metres high of lava, ash and sand. Renteng was one the worst area affected by this volcanic eruption.

The volcano ejected thick volcanic ash more than 4,000 feet into the air and dangerous lava flowed down the slopes toward the Besuk Kobokan river which was eight miles from the crater. Andang and her family were among 3,697 evacuees from the Lumajang area who seek shelter at the 19 temporary evacuation centres set up by the National Disaster Management Agency. Authorities had estimated about 100,000 homes were destroyed or partially damaged.

It was weeks before Andang and her family were allowed to return home. They were devastated to see everything in the village was covered in thick ash, lava and sand. She saw that nothing could be salvage at home and so it was the very last time she set eyes on her village.

1.	is the tallest volcano in Java.					
2.	The is a band around the Pacifi volcanic activity.	c Ocean that sets off earthquake	s and			
3.	Indonesia, an archipelago of 270 million people has	·				
4.	Andang lived in with her husband and 9-y	rear-old son when the volcano eru	ipted.			
5.	The volcano erupted on 2021.					
6.	Andang and her family evacuated the village and left	behind.				
7.	Houses in the badly affected Renteng village were submerged in and sand.	of ash	n, lava			
8.	Evacuees took shelter at the nineteen					
Questions 9 and 10 Complete the table with a word from the text. For each question, write your answer in the space provided.						
	Meaning	Word				

9.	an area of large sea containing many scattered islands	
10.	a person who is sent away from a dangerous place to a safer place	

PART 5 Matching (Gapped Text)

PRACTICE 1

Read the text below. Six sentences have been removed from the article. Choose from the sentences (A - H) to fit each gap (1 - 6).

After days of insistence and persistence from my brother, my barrier broke down and I agreed to embark on a hiking trip with him. (1) _____ My last adventure to the jungle was in high school which was twenty years ago. We were to explore Imbak Canyon. It is a hidden valley about 300 kilometres from Kota Kinabalu.

(2) _____ It is forest is dense and is always referred as the Green Canyon of Borneo. Up to this point, I still haven't a clue about Imbak Canyon. I trusted my brother fully. He has always been the outdoorsy person in our family. (3) _____ I didn't have to pack anything because he had all the camping and hiking gears ready for the three of us. (4) _____

Despite the good weather, the ride to our destination was rough. (5) _____ Once we reached our destination of Imbak Canyon Conservation Area we headed to the receptionist, who directed us to our rooms. Once I saw the view, I was glad that I had a stubborn brother who wanted to bring us here, to witness nature at its finest and in all its glory. (6) _____

- A At 100 million years old, Imbak Canyon is one of the oldest rainforests in the world.
- **B** Yes, another sibling was also unduly coerced to tag along.
- **C** Imbak Canyon was simply mesmerising.
- **D** The hiking trip was too harsh for my legs.
- **E** It had been ages since I went on any hiking trip.
- **F** He is our very own version of the famous Bear Grylls.
- **G** It rained the whole night.
- H It was very bumpy and my back ached.

Read the text below. Six sentences have been removed from the article. Choose from the sentences (A - H) to fit each gap (1 - 6).

It was announced recently that the use of plastic bags across all businesses nationwide would be phased out by 2025. The "No Plastic Bag" campaign, which had begun gradually in stores with fixed locations such as supermarkets, would be extended to other business premises like roadside stalls. (1) _____

For some years now, my family has practised bringing our own shopping bags. Whenever we plan to have takeaway food, we would bring our own tiffin carriers or containers (2) ______ At times, I have to resort to using a plastic bag but I make a conscious effort to keep it for future use.

(3) _____ If I need to buy food for my whole family, planning in advance and searching for containers big enough to fit everything can be a pain.

Recently, it is common to see people bringing their own shopping bag. (4) _____ Sometimes, I stick out like a sore thumb with my own container or bag, especially when I'm out with friends (5) _____

Based on my observation, the No Plastic Bag campaign is not strictly enforced in most places. (6) _____

Today, many businesses here still offer plastic bags, with customers paying 20 cents per piece. This in turn gives us the option of buying a plastic bag because it's more convenient to just pay 20 cents than planning ahead to bring our bags or containers.

While I wholeheartedly support the ban on plastic bags to be implemented as soon as possible, the stark truth remains: plastic is still deeply integrated in our lives. Action – fast and drastic – needs to be taken.

A But, this practice is still not as normalised as we'd like to think

B I was ecstatic to read about the plan to reduce plastic use.

- **C** Some business charge customers for the use of plastic bags in 2017.
- **D** I'll admit, lugging around multiple bags and bulky containers can be inconvenient
- **E** For some time now, my family has been paying for plastic bags.
- F But it doesn't always run like clockwork
- **G** Planning for a shopping trip and looking for recyclable bags is fun and stressful.
- **H** I worry that the people around me would find me weird.

Read the text below. Six sentences have been removed from the article. Choose from the sentences (A - H) to fit each gap (1 - 6).

Climate Change

Humanity is facing one of the greatest challenges to date which is climate change. (1) _____ Human activities such as the burning of fossil fuels like coal, oil and gas for homes, factories and transport have been the main cause of climate change. If this problem persists, all creatures and nature will face a bleak future.

Consequently, these human activities resulted in the greenhouse gas emissions such as carbon dioxide, chlorofluorocarbons, nitrous oxide and methane. The greenhouse effect refers to a process when the gases in the atmosphere trap the sun's heat which eventually causes the Earth to warm up. (2) _____ The world today is 1.2°C hotter than it was in the 1800s.

People have mistakenly thought that climate change only means warmer temperature. They have neglected to think that the Earth works as a system. (3) _____ For example, a change in one aspect affects all others. Therefore, climate change involves disastrous droughts, water scarcity, rising sea levels, melting polar ice, devastating storms, destructive fire and declining biodiversity. (4) _____

(5) _____ For instance, in countries experiencing harsh and extreme drought, people are at risk of famine which leads to scarcity of food and hunger. With water level rising, disastrous floods will be a normal occurrence in many parts of the world.

(6) _____ One effective way to reduce the greenhouse gas emissions is making the switch from fossil fuels to renewable energy like solar and wind. Countries from around the globe must cooperate and commit to this effort. The aim here is to cut half of the emissions by 2030 to keep the Earth's temperature below 1.5°C and to achieve a zero net emissions by 2050. Since there is only one Earth, humanity must keep the fight on.

- **A** It is a system where everything is connected.
- **B** Climate change refers to a change in the average temperature and weather patterns.
- **C** The concentration of methane in the atmosphere increases at an alarming rate.
- **D** This leads to climate change.
- **E** Climate change affects the entire Earth.
- **F** It is not too late to save this one and only blue planet for future generations.
- **G** So, the most important step is to preserve the wildlife.
- **H** Climate change also interferes with the daily lives of people such as the ability to grow food, housing, health, safety and work.

Read the text below. Six sentences have been removed from the article. Choose from the sentences (A - H) to fit each gap (1 - 6).

Rangers save stranded baby jumbos

Six baby elephants separated from their parents and trapped in a muddy pit for days have been rescued by park rangers in rural Thailand.

Patrolling rangers chanced upon the struggling herd in a national park east of Bangkok on Wednesday afternoon. (1) _____ Immediately, some left the forest to bring back digging tools. A few others stayed overnight to keep watch over the frightened creatures.

(2) _____ The rangers began to dig around the rim of the mud pit to make it less steep. After three hours of digging, they managed to build a makeshift ramp. (3) _____ The rangers proudly and tiredly cheered them on.

The rangers had observed a herd of 30 adult elephants nearby. (4) _____ They also believed the calves were stuck there for around two days because after they got out, their legs were weak.

Wild elephants are Thailand's national animal and live in the wild in parts of the country. (5) _____ Now, there are about 2,700 from a peak of over 100,000 in 1850.

Deforestation and habitat loss have brought them in closer contact with humans in recent decades.

(6) _____ Elephants are also poached or domesticated for entertainment and tourism.

- A With this ramp, the mud-covered babies managed to stumble out of the pit one by one.
- **B** They often clash with villagers and farmers.
- **C** They realised that the calves aged between one and four years old, could not climb out of the dirty watering hole.
- **D** They believed the young calves must have been separated from them.
- **E** The babies snuggled up to their mother.
- **F** The rangers slept in the muddy water.
- **G** The team returned with hoes on Thursday morning.
- **H** But, their numbers have dwindled greatly.

Read the text below. Six sentences have been removed from the article. Choose from the sentences (A - H) to fit each gap (1 - 6).

Table Mountain

The name itself is funnily fascinating. It makes the mind goes riot imagining how does it look like, a mountain that looks like a table or a table in the form of a mountain? Table Mountain is actually one of the New Seven Wonders of the World. (1) _____ It dominates the city's skyline and makes an Instagrammable backdrop to any picture taken.

The mountain was originally named Hoerikwaggo by the indigenous Khoisan people of the Cape which means 'Mountain in the Sea'. Then in 1503, a Portuguese explorer, Antionio de Saldanha named it Taboa de Cabo meaning Table of the Cape. (2) _____

(3) _____ Over time, erosion has shaped the landscape into the flat-topped mountain it is today. It is approximately 1,086 metres tall and the plateau is about 3 kilometres wide. (4) _____ It has shrunk due to millions of years of erosion. Its unique shape has made it an important geological landmark.

This iconic landmark is located in Table Mountain National Park (TMNP). **(5)** _____ It is also rich in floral biodiversity with 8,200 plant species making it one of the world's 18 biodiversity hotspot. **(6)** _____ Despite the magnificent biodiversity, human activity is a major threat to this mountain's fragile ecosystem.

- **A** The mountain got its name because of its flat surface.
- **B** It was once three to four times higher.
- **C** It is featured on Cape Town's flag.
- **D** This impressive flat mountain overlooks the city of Cape Town in South Africa.
- **E** It has unique microclimate.
- **F** The park encompasses an area of approximately 25,000 hectares.
- **G** Furthermore, many of these plants are endemic to this region.
- **H** This was followed by the Dutch settlers who began calling it Tafelberg which translates as Table Mountain around 1652.