

# EXCEL PBD

## MODUL PdPc & UASA

Form  
**1**  
KSSM

### Package and Exclusivity

## ENGLISH

TEACHER'S EDITION

To enhance  
**Summative Assessment & UASA**

To support  
**Digital-friendly Pembelajaran dan Pemudahcaraan (PdPc)**

To assist Classroom  
**Assessment (PBD)**

To boost  
**Students' Performance Level**



This Exclusive Package is specifically designed to assist teachers with PdPc, whether in face-to-face, hybrid or digital format.

### TEACHER'S & STUDENT'S EDITION

- ⚡ Express Notes
- ⚡ Formative PBD
- ⚡ Summative PBD
- ⚡ UPSA **QR Code**
- ⚡ UASA
- ⚡ Answers **QR Code**

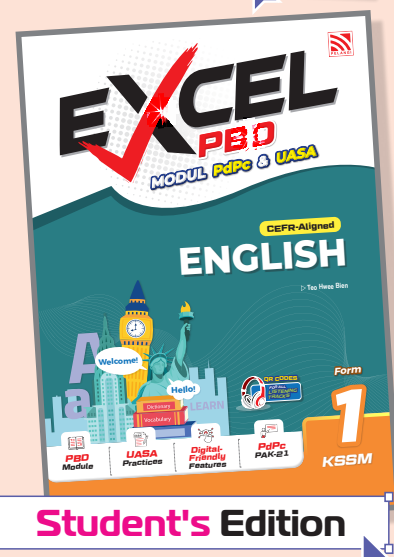


### DIGITAL LEARNING

- ⚡ Varieties of digital PdPc contents to help students and teachers



Teacher's Edition



Student's Edition

**ePelangi+**

Varieties of digital contents are specifically prepared to support PdPc for teachers on ePelangi+



**EXTRA!**  
**PdPc**  
SUPPORTING MATERIALS

# Book Features (Printed Version)

## 1 Contents

Contents include cross reference of digital resources in the book.

Contents	
Rekod Pentaksiran Murid English Form 1 iii – vi	
Express Notes N1 – N8	
<b>STARTER UNIT</b> It's My Life 1	UASA Practice 8 83
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<b>UNIT 4</b> Life on Earth 44	
UASA Practice 5 49	<b>Answers</b> <a href="https://qr.pelangibooks.com/7u=EXCELPBDEngF1Answers">https://qr.pelangibooks.com/7u=EXCELPBDEngF1Answers</a>
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UASA Practice 6 60	<b>Answers</b> <a href="https://qr.pelangibooks.com/7u=EXCELPBDEngF1Answers">https://qr.pelangibooks.com/7u=EXCELPBDEngF1Answers</a>
<b>UNIT 6</b> Online Shopping 65	
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## Answers

Complete answers are included on Contents page. **QR Code**

## 2 Rekod Pentaksiran Murid

Table to record students' achievement based on the **Performance** Level obtained.

Rekod Pentaksiran Murid		ENGLISH Form 1					
Name: _____		Form: _____					
<b>STARTER UNIT: IT'S MY LIFE (EBL)</b> Theme: People & Culture							
Content Standards	Learning Standards	Pages	SoW	Week	Date	PL	Teacher's Signature & Date
1.1.1 Understand with little or no support the main ideas in simple longer texts on a range of familiar topics.							
1.1.2 Understand with little or no support specific information and details in simple longer texts on a range of familiar topics.							
1.2.1 Ask about and give detailed information about themselves and others.							
1.2.2 Keep interaction going in short exchanges by checking understanding of what a speaker is saying.							
1.2.3 Understand the main points in simple longer texts.							
1.2.4 Read and enjoy fiction/non-fiction and other suitable print and digital texts of interest.							
4.1.1 Give detailed information about themselves and others.							
4.2.1 Use capitals, full stops, commas in lists, question marks and speech marks appropriately at discourse level.							
Speaking 2.1, 2.2	2.1.1, 2.1.2	2					
Reading 3.1	3.1.1, 3.2.1	2					
Grammar	Possessive Adjectives	3					
Learning 5.1	5.1.1, 5.1.2	6, 5					
Writing 4.1	4.1.1, 4.2.1	6					
Performance Level (Start Unit): PL 1 PL 2 PL 3 PL 4 PL 5 PL 6							
<b>UNIT 1: WHAT DO YOU LIKE? (EBL)</b> Theme: People & Culture							
Content Standards	Learning Standards	Pages	SoW	Week	Date	PL	Teacher's Signature & Date
1.1.1 Understand with little or no support the main ideas in simple longer texts on a range of familiar topics.							
1.1.2 Understand with little or no support specific information and details in simple longer texts on a range of familiar topics.							
1.2.1 Ask about and give detailed information in simple longer texts.							
1.2.2 Ask about and describe future plans or events.							
1.2.3 Understand a variety of texts by using a range of appropriate reading strategies to construct meaning.							
1.2.4 Understand specific details information in simple longer texts.							
4.1.1 Give detailed information about themselves and others.							
4.1.2 Describe future plans or events.							
4.2.1 Produce a plan or a draft of two paragraphs or more and modify this appropriately in response to feedback.							
Speaking 2.1	2.1.1, 2.1.3	11, 12					
Reading 3.1	3.1.1, 3.1.2	13					
Grammar	Simple Present Tense: Continuous Tense	14					
Learning 5.1	5.1.1, 5.1.2	15					
Writing 4.1, 4.2	4.1.1, 4.1.2, 4.2.3	16, 17					
Performance Level (Unit 1): PL 1 PL 2 PL 3 PL 4 PL 5 PL 6							
<b>UNIT 2: FACT OR FICTION? (EBL)</b> Theme: People & Culture							
Content Standards	Learning Standards	Pages	SoW	Week	Date	PL	Teacher's Signature & Date
1.1.6 Understand with support longer simple narratives on a wide range of familiar topics.							
1.2.4 Explain and give reasons on simple advice.							
1.2.4 Keep interaction going in short exchanges by checking understanding of what a speaker is saying.							
2.1.4 Narrate short stories, events and experiences.							
1.2.1 Understand the main points in simple longer texts.							
1.2.2 Understand specific details and information in simple longer texts.							
1.2.3 Give the meaning of unfamiliar words from cues provided by other known words by context.							
4.1.1 Give detailed information about themselves and others.							
4.2.3 Produce a plan or draft of two paragraphs or more and modify this appropriately in response to feedback.							
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## 3 Express Notes

Notes on UASA model questions, **complete with detailed answers, comments, tips and techniques**.

### Express Notes

READING

Part 1: Short Texts (MCQs)

**TIPS AND TECHNIQUES**

1. Read the question to understand what is being asked.
2. There are a total of 8 multiple-choice questions.
3. You will be required to study various kinds of reading materials.
4. Study the stimulus carefully. Pay attention to all information found in the stimulus.
5. Some questions test your interpretation of given information.
6. Go through all the options given.
7. Check each option against the information given.

**MODEL QUESTION AND ANSWER**

Part 1  
Questions 1 – 8

Read the text carefully for each question. Choose the best answer A, B or C for each question; mark the correct answer on the answer sheet.

Sally, we should see a break and go on holiday.

Wow, I can't agree with you more.

1. Sally thinks that there is  
 A) giving a good suggestion,  
 B) not being reasonable,  
 C) being foolish.

**Comment and Answer**

The answer is B. The question tests your understanding on the expression 'I can't agree with you more.' The expression means 'I totally agree with you.' Thus, Sally agrees with Irene's suggestion.

▶ 111

## 4 Grammar Notes

Helps students understand grammar concepts more easily and supports their learning.

English Form 1 Unit 8

**GRAMMAR (LANGUAGE AWARENESS)**

**Grammar Notes**

**First Conditional**  
 You use the first conditional to talk about real possibilities in future time.  
 We can either use:  
 - If clause (followed by a comma) + main clause (simple present) (simple future)  
 Eg. If it rains tomorrow, I will cancel the swimming class.  
 or  
 - Main clause + if clause. (simple future) (simple present)  
 Eg. I will cancel the swimming class if it rains tomorrow.

**Common Mistakes**





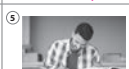

- If you study hard, you will do well.
- If you study hard, you did well.
- Mum will be sad if my sister leaves for studies in England.
- Mum will sad if my sister leaving for studies in England.

**Web Link**  
 For more information on first conditional log into <https://www.englishclub.com/grammar/first-conditional.html>.

**1. Complete the sentences below with the correct form of the verbs given.**

1. If you do (do) this exercise now, you will understand (understand) the topic better.
2. If I find (find) your wallet, I will give (give) it back to you.
3. If the students do not cooperate (not cooperate), they will not complete (not complete) the task on time.
4. My parents will leave (leave) for Milan next week if they get (get) cheap flight tickets.
5. Min will go (go) to the public library if she comes (come) home earlier.
6. Surinder will attend (attend) the workshop if he arrives (arrive) by 9 a.m.

**2. Write sentences using the first conditional based on the pictures below.**

		
If you eat healthily, you will have a good complexion.	If you paint your own house, you will save a lot of money.	If you spend wisely, you will save a lot of money.
		
You will win the race if you practise hard enough.	You will perform well in the examination if you study hard.	Your flowers will bloom if you put enough fertilizers.

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# Formative PBD Page

**5 Textbook Page Reference**  
Textbook page references are provided for easy cross-referencing.

**6 Learning Standard (LS)**  
Questions are created based on the Learning Standard (LS) and DSKP to assist teachers to carry out PBD.


**7 Performance Level**  
Questions are classified into 6 Performance Levels (PL). **Higher Order Thinking Skills (HOTS)** questions are incorporated.


English Form 1 Starter Unit


**WRITING** Formative PBD


Textbook page: 9

Study the pictures below and explain why it is necessary to celebrate these events in life. **LS** 4.1.1, 4.2.1 **PL** 4

- 

Children celebrate parent's birthday to show appreciation for their parents' sacrifices.
- 

Some people celebrate their good fortune by sharing their joy with the less fortunate.
- 

Students celebrate Teacher's Day to show appreciation for their teachers' contribution.
- 

People celebrate their success to motivate themselves to work harder.

**9** Civic Literacy

**Happiness**  
The exercises on this page show how we can celebrate and share happiness. Celebrations need not be expensive. For example, a warm handshake to congratulate others is inexpensive but extends joy. Share other inexpensive ways to celebrate successes in life.

**PAK-21 Activity** Do a Research

Find out what other celebrations are celebrated by the different ethnic groups in Malaysia.

Performance Level Starter Unit PL.1 PL.2 PL.3 PL.4 PL.5 PL.6

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THEME People and Culture


**UNIT 1** What Do You Like?

**5 SPEAKING** Formative PBD


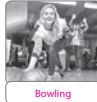

Textbook page: 10

**6** Name the sports activities below and talk about the benefits of taking up the sports. **LS** 2.1.1, 2.1.3 **PL** 4

**7**

 Cycling  
I enjoy cycling. I usually go cycling in the evenings. It is relaxing. It improves muscle strength. It also helps to reduce stress and anxiety.

Here are some expressions you can use to respond to your friend when they share the information.  
Enjoyable fun exciting risky challenging intense relaxing intense

-  Karate  
**Suggested answer**  
I enjoy karate. I go for karate once a week. Karate is exciting. It is good for overall fitness.
-  Bowling  
**Suggested answer**  
I enjoy bowling. Bowling is fun. I go bowling with my friends once a month. Bowling helps to develop balance.
-  Surfing  
**Suggested answer**  
I enjoy surfing. I go surfing with my family during school holidays. Surfing is thrilling. It builds strength in the legs, shoulders and arms.

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**8 Civic Literacy**  
Learning activities that develop creativity, critical thinking, teamwork and communication skills.

**9 PAK-21 Activities**  
Various types of activities and project-based learning are effective in imparting good values to students.



## Extra Materials on QR code



### Video

Presents supplementary information in a video format.



### Audio Tracks (Listening)

Tracks are provided in QR code for Listening skill practices in each Unit.



### Tutorial Video

Delivers concise lessons on certain topics.

English Form 1 Unit 4

Formative PBD

READING

Read the text and answer the following questions. LS 3.1.3, 3.2.1

**SAVE OUR MALAYAN TIGERS IN PAHANG**

Save the Malayan Tiger campaign is led by the Regent of the state of Pahang, HRH Tengku Hassanal Ibrahim Alam Shah. The campaign aims at safeguarding the Malayan tigers and the environments in which they live in.

It takes only a century to kill more than 90% of the world's tiger population. The tiger's survival is threatened by human activities like hunting, poaching, intensive farming and deforestation. Habitat loss and lack of prey also contribute to their death. Another important issue is **forest fragmentation** where male tigers are kept apart from the female tigers. If urgent action is not taken, the nation and the world will lose this majestic animal.

To save our tigers, a Pahang Wildlife Ranger Unit has been formed. These individuals are passionate about the cause to save the tigers. They are also experienced in surviving in the jungle and are familiar with the surrounding habitat. Their responsibility is to patrol the forest and work towards reducing poaching to zero by catching **poachers** and hunters. These poachers and hunters are then handed to the relevant authorities for punishment. The tigers are poached for their bones, meat and skin, a business that rakes in huge profits. Successful poachers are handsomely rewarded by the syndicate. The country must ensure that the international wildlife crime syndicate does not get their hands on our wildlife.

Protecting the tigers' habitat is protecting the ecosystem that the forest provides.

**Word Power**

**forest fragmentation** – dividing large areas of the forest into smaller pieces by roads or agriculture.  
**poachers** – people who hunt or catch tigers illegally

(Adapted from: <https://www.savethemalayantiger.com/>)



### Weblink

Provides additional insights on certain topics.



### Gamification Quiz

Fun **Wordwall** quizzes are incorporated to improve students' grammar and vocabulary skills.



### Audio Tracks (Reading)

Audio tracks for Reading passages are provided to enhance students' reading comprehension.

English Form 1 Unit 7

Formative PBD

LISTENING

A Listen to the text on Azizulhasni Awang and complete the text below. LS 1.1.1, 1.1.2

Azizul, born on the 5<sup>th</sup> January 1988 in the coastal district of Dungun, Terengganu started cycling at a young age. His parents had big dreams for him when he was young but they never dreamed that he would become a 1. national track cyclist. In fact, they tried all means to deter him from 2. picking up sports as they were worried about his education.

Azizul started cycling at four years old and has always 3. had a heart for cycling. Though his parents wanted him to become a doctor, he decided to pursue his dream to be a track cycling national champion. In spite of this, he worked hard at both his studies and training. The national track cyclist enrolled in Victoria University in Melbourne 4. majoring in Exercise Science in 2019.

Being short, Azizul was told that his height would prevent him from 5. going far in his career. Instead of letting this 6. criticism affect him, he trained even harder. He has proven that a hobby can develop into a 7. career path. With 8. determination and hard work, he has earned the name Pocket Rocketman.

(Adapted from: <https://thesmartlocal.my/azizulhasni-awang-facts/>)

B Listen to the text and circle the correct answer. LS 3.1.2

- What can one turn a hobby into?
  - A A lucrative business
  - B A career path way
  - C An enjoyment
- What should you not do when you pick up a hobby?
  - A Enjoy the process
  - B Think of how you can make money out of it
  - C Spend money on it
- Which of the following should you put in to see results?
  - A Time
  - B Money
  - C Dedication
- What enables your hobby to develop into a high standard?
  - A Passion
  - B Opportunity
  - C Contacts
- Who can be your potential buyers?
  - A Fans
  - B Friends and neighbours
  - C Family members

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English Form 1 Unit 2

B Read about Suria's dream to be an influencer.

What's your dream job Suria?

I want to be an influencer in social media on sportswear and equipment.

That's exciting. Have you researched more about the job?

I have been doing just that.

Check out what influencers do and put a tick (✓) beside each relevant statement. LS 3.1.2

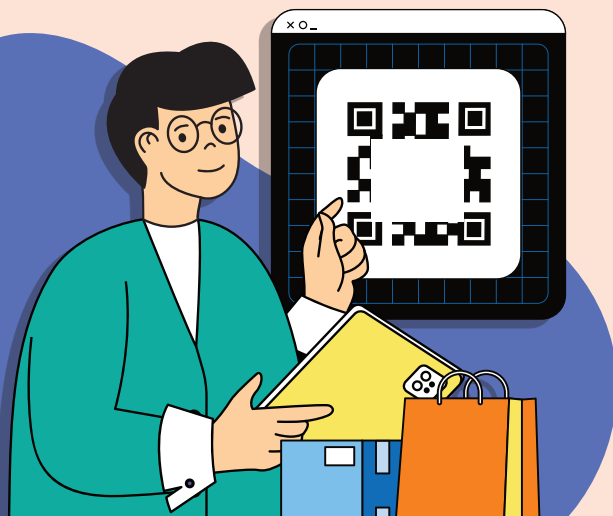
- To be an influencer on social media, one has to be a celebrity.
- An influencer does not need a good knowledge about a product or topic.
- The public looks up to influencers to guide them on what to purchase.
- An influencer does not need to pay close attention to followers' views.
- Brands love influencers because they have the power to create trends and encourage their followers to buy products.
- Brands only love influencers who have a small number of followers.
- Famous influencers in social media are those who have built a reputation for their knowledge and expertise.
- A good influencer needs to have good presentation skills.

C Imagine you are Suria, write an article on your dream job. You may use some information above. LS 4.2.3

GAMIFICATION QUIZ

Performance Level Unit 2 PL1 PL2 PL3 PL4 PL5 PL6

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# Summative PBD Page

**UASA Practices** and **UASA Model Test** are structured according to the **Modul Peralaksanaan Item Ujian Akhir Sesi Akademik** and **Jadual Spesifikasi Ujian (JSU)**.

11

## UASA Practices

UASA-based Practices for each part of the assessment are provided to familiarise students with the actual UASA format.

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## UASA Model Test

It is provided at the end of the book.

**UASA PRACTICE 1**

**11**

**Paper 1 (12/1) Part 1: Short Texts (MCQs)**  
Read the text carefully in each question. Choose the best answer **A, B** or **C**. For each question, mark the correct answer on the answer sheet.

I haven't been free to take you to places. There's hardly any time left.

How time flies. I wish I could stay longer.

**1. Anita**  
**A** wants to stay longer.  
**B** wishes to fly home.  
**C** has to leave.

Our minds need education as our bodies need food.

**2. The sentence means**  
**A** people need food to survive.  
**B** education is as important as food.  
**C** education is more important than food.

**THE DAILY NEWS**  
**PRICELESS PAINTING LOST IN FIRE**

**3. The painting**  
**A** is priceless because of the fire.  
**B** is not worth any money because it is burnt.  
**C** which is expensive is destroyed in a fire.

This land is as much yours as it is mine.

**4. The poster means that animals**  
**A** need more land than people.  
**B** have as much right to the land as people do.  
**C** deserves more land than people.

**WASHING INSTRUCTIONS**

- Turn garment inside out
- Machine wash cold
- No bleach
- No fabric or softener
- Tumble dry at low heat
- Do not iron over design
- Do not dry clean

**5. The instructions tell us not to**  
**A** iron  
**B** machine wash  
**C** use bleaching agent

**FRAGILE**

**6. The thing in the packaging is probably**  
**A** a breakable ware  
**B** a plastic ware  
**C** magazines

▶ 7 ◀

## Pembinaan Item Ujian Akhir Sesi Akademik (UASA) Elements

EXCEL PBD UASA ENGLISH FORM 1

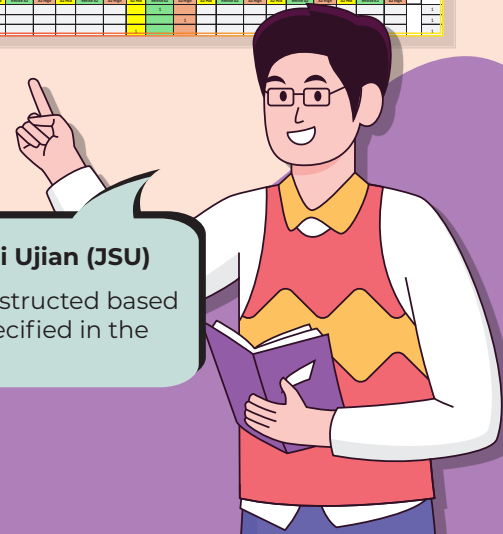
**JADUAL SPESIFIKASI UJIAN BAGI UJIAN AKHIR SESI AKADEMIK (UASA) ENGLISH**

**READING AND THE USE OF ENGLISH (40 marks)**


Part 3 (Items)	Content	Item	Question/Answer	Reading				Use of English				Total
				MCQ	True/False	Short Answer	Match	MCQ	True/False	Short Answer	Match	
1	Reading Text	MCQ	1	1								1
2	Reading Text	MCQ	2		1							1
3	Reading Text	MCQ	3			1						1
4	Reading Text	MCQ	4				1					1
5	Reading Text	MCQ	5					1				1
6	Reading Text	MCQ	6						1			1
7	Reading Text	MCQ	7							1		1
8	Reading Text	MCQ	8								1	1
9	Reading Text	MCQ	9									1
10	Reading Text	MCQ	10									1
11	Reading Text	MCQ	11									1
12	Reading Text	MCQ	12									1
13	Reading Text	MCQ	13									1
14	Reading Text	MCQ	14									1
15	Reading Text	MCQ	15									1
16	Reading Text	MCQ	16									1
17	Reading Text	MCQ	17									1
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58	Reading Text	MCQ	58									1
59	Reading Text	MCQ	59									1
60	Reading Text	MCQ	60									1

### Jadual Spesifikasi Ujian (JSU)

Questions are constructed based on the context specified in the table.



# Teacher's Digital Resources

On the  platform, teachers who have adopted the Excel PBD KSSM series are given one year of exclusive access to i-TE and Extra PdPc Teaching Aid.

## What is ?

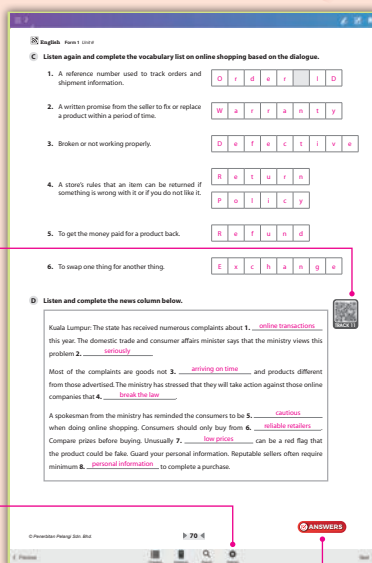
i-TE is the digital and online interactive version of the Excel PBD Teacher's Edition. This version optimises the use of technology in teaching, maximises the benefits of PdPc and encourages a fun and enjoyable atmosphere in the classroom.









## Sample Pages

Click QR code to access the materials such as Listening Tracks, Videos, Tutorial Videos and Gamification Quizzes.

Choose the page display mode (single/double page) through **Settings**.



### Support Tools provided:

-  Pen
-  Sticky Note
-  Unit Converter
-  Ruler
-  Calculator
-  Bookmark

  
How do I access ePelangi+ materials?



Click the  button to show or hide answers during PdPc.

### STEP 1

#### ACCOUNT REGISTRATION

For new ePelangi+ users, scan the QR code below or visit [plus.pelangibooks.com](http://plus.pelangibooks.com) to create a new account.

**Check the registered email and click the link given to activate your account.**

### STEP 2

#### ENROLMENT

LOG IN to the ePelangi+ account. Search for book titles under *Secondary [Full Access]*.

Enter the Enrolment Key to enrol.

**Please contact Pelangi Representative to get Enrolment Key.**

### STEP 3

#### ACCESS DIGITAL RESOURCE

Click the material to download or play it.

# Examples of Pages in Teacher's Edition with Bonus PdPc Materials



## eP+ Notes

Concise grammar and extra notes are presented in colourful graphics.



## eP+ PowerPoint

PPT slides are available to complement and reinforce related topics.



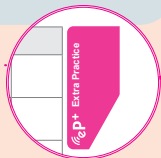
## eP+ Extra Practices

Reinforcement exercises based on the unit.



## eP+ Question Bank

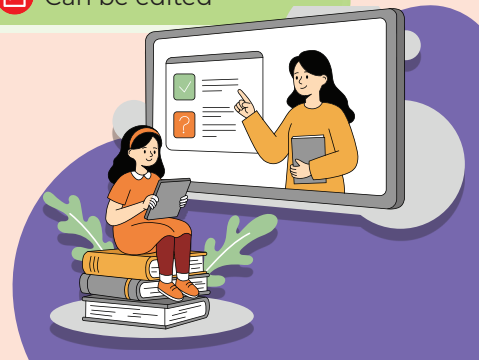
Additional UASA-based practices.

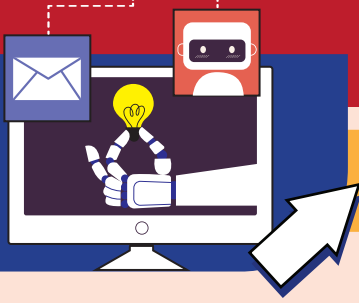


## eP+ e-RPH

Suggested activities for teachers to plan daily PdPc sessions in line with the PBD Module activities in this book.

- Can be downloaded
- Can be played
- Can be edited





## Digital Support Materials

Scan the QR codes to access or download the digital materials provided.



Audio (Listening)



Tutorial



Info



Video



Gamification Quiz



Audio (Reading)



Tapescript



UPSA



Answers

### Bonus for Teachers



e-RPH



Bonus PdPc



Interactive PowerPoint



Question Bank

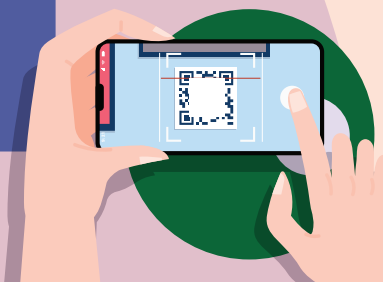


Please access



to get the exclusive digital materials!

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**▶▶▶ ANSWERS**

<https://qr.pelangibooks.com/?u=EXCELPBDEngF1Answers>



**▶▶▶ UPSA**

<https://qr.pelangibooks.com/?u=EXCELPBDEngF1UPSA>



**▶▶▶ TAPESCRIPT**

<https://qr.pelangibooks.com/?u=EXCELPBDEngF1Tapescript>





# Rekod Pentaksiran Murid

**ENGLISH**

**Form 1**

Name: \_\_\_\_\_

Form: \_\_\_\_\_

STARTER UNIT: IT'S MY LIFE (TBL)							Theme: People & Culture	
Content Standards	Learning Standards	Pages	SoW	Week	Date	PL	Teacher's Signature & Date	
1.1.1 Understand with little or no support the main ideas in simple longer texts on a range of familiar topics. 1.1.2 Understand with little or no support specific information and details in simple longer texts on range of familiar topics. 2.1.1 Ask about and give detailed information about themselves and others. 2.3.1 Keep interaction going in short exchanges by checking understanding of what a speaker is saying. 3.1.1 Understand the main points in simple longer texts. 3.2.1 Read and enjoy fiction/non-fiction and other suitable print and digital texts of interest. 4.1.1 Give detailed information about themselves and others. 4.2.1 Use capitals, full stops, commas in lists, question marks and speech marks appropriately at discourse level.								
Speaking 2.1, 2.3	2.1.1, 2.3.1	1						
Reading 3.1	3.1.1, 3.2.1	2						
Grammar	Possessive Adjectives	3						
Listening 1.1	1.1.1, 1.1.2	4, 5						
Writing 4.1	4.1.1, 4.2.1	6						
Performance Level Starter Unit PL 1 <input type="checkbox"/> PL 2 <input type="checkbox"/> PL 3 <input type="checkbox"/> PL 4 <input type="checkbox"/> PL 5 <input type="checkbox"/> PL 6 <input type="checkbox"/>								

UNIT 1: WHAT DO YOU LIKE? (TBL)							Theme: People & Culture	
Content Standards	Learning Standards	Pages	SoW	Week	Date	PL	Teacher's Signature & Date	
1.1.1 Understand with little or no support the main ideas in simple longer texts on a range of familiar topics. 1.1.2 Understand with little or no support specific information and details in simple longer texts on a range of familiar topics. 2.1.1 Ask about and give detailed information in simple longer text. 2.1.3 Ask about and describe future plans or events. 3.1.1 Understand a variety of texts by using a range of appropriate reading strategies to construct meaning. 3.1.2 Understand specific details information in simple longer texts. 4.1.1 Give detailed information about themselves and others. 4.1.2 Describe future plans or events 4.2.3 Produce a plan or a draft of two paragraphs or more and modify this appropriately in response to feedback.								
Speaking 2.1	2.1.1, 2.1.3	11, 12						
Reading 3.1	3.1.1, 3.1.2	13						
Grammar	Simple Present Tense, Continuous Tense	14						
Listening 1.1	1.1.1, 1.1.2	15						
Writing 4.1, 4.2	4.1.1, 4.1.2, 4.2.3	16, 17						
Performance Level Unit 1 PL 1 <input type="checkbox"/> PL 2 <input type="checkbox"/> PL 3 <input type="checkbox"/> PL 4 <input type="checkbox"/> PL 5 <input type="checkbox"/> PL 6 <input type="checkbox"/>								

UNIT 2: FACT OR FICTION? (TBL)							Theme: People & Culture	
Content Standards	Learning Standards	Pages	SoW	Week	Date	PL	Teacher's Signature & Date	
1.1.6 Understand with support longer simple narratives on a wide range of familiar topics 2.1.4 Explain and give reasons on simple advice. 2.3.1 Keep interaction going in short exchanges by checking understanding of what a speaker is saying. 2.4.1 Narrate short stories, events and experiences. 3.1.1 Understand the main points in simple longer texts. 3.1.2 Understand specific details and information in simple longer texts. 3.1.3 Guess the meaning of unfamiliar words from clues provided by other known words by context. 4.1.1 Give detailed information about themselves and others. 4.2.3 Produce a plan or draft of two paragraphs or more and modify this appropriately in response to feedback.								

# Express Notes

## READING

### Part 1: Short Texts (MCQs)

#### TIPS AND TECHNIQUES

1. Read the question to understand what is being asked.
2. There are a total of 8 multiple-choice questions.
3. You will be required to study various kinds of reading materials.
4. Study the stimulus carefully. Pay attention to all information found in the stimulus.
5. Some questions test your interpretation of given information.
6. Go through all the options given.
7. Check each option against the information given.



#### MODEL QUESTION AND ANSWER

##### Part 1

##### Questions 1 – 8

Read the text carefully for each question. Choose the best answer **A**, **B** or **C**. For each question, mark the correct answer on the answer sheet.

Sally, we should take a break and go on holiday.



Irene, I can't agree with you more.

1. Sally thinks that Irene is
  - A** giving a good suggestion.
  - B** not being reasonable.
  - C** being foolish.

#### Comment and Answer

The answer is **A**. This question tests your understanding on the expression 'I can't agree with you more.' The expression means 'I totally agree with you.' Thus, Sally agrees with Irene's suggestion.

# UNIT

# 1

# What Do You Like?

Formative PBD

Textbook page: p.10

**SPEAKING**

**A** Name the sports activities below and talk about the benefits of taking up the sports. **LS** 2.1.1, 2.1.3

**PL**



Cycling

I enjoy cycling. I usually go cycling in the evenings. It is relaxing. It improves muscle strength. It also helps to reduce stress and anxiety.

Here are some expressions you can use to respond to your friend when they share the information.

Enjoyable

fun

exciting

risky

challenging

intense

relaxing

intense

1.



Karate

**Suggested answer**

I enjoy karate. I go for karate once a week. Karate is exciting. It is good for overall fitness.

2.



Bowling

**Suggested answer**

I enjoy bowling. Bowling is fun. I go bowling with my friends once a month. Bowling helps to develop balance.

3.



Surfing

**Suggested answer**

I enjoy surfing. I go surfing with my family during school holidays. Surfing is thrilling. It builds strength in the legs, shoulders and arms.

**B Making enquiries. Practise the dialogue below. Then, make enquiries about a hobby you would like to pick up.**

Akmal : Hello - Window of the World. Can I help you?

Julia : Hi. I'd like to enquire about your photography workshops.

Akmal : Sure, at the moment we have an eight-week course programme starting this Saturday at 2 p.m.

Julia : How many hours would that be?

Akmal : It's a one and a half-hour session each week and eight times in total.

Julia : Do I need to bring my own camera?

Akmal : No, you don't.

Julia : How many students will there be for the workshop?

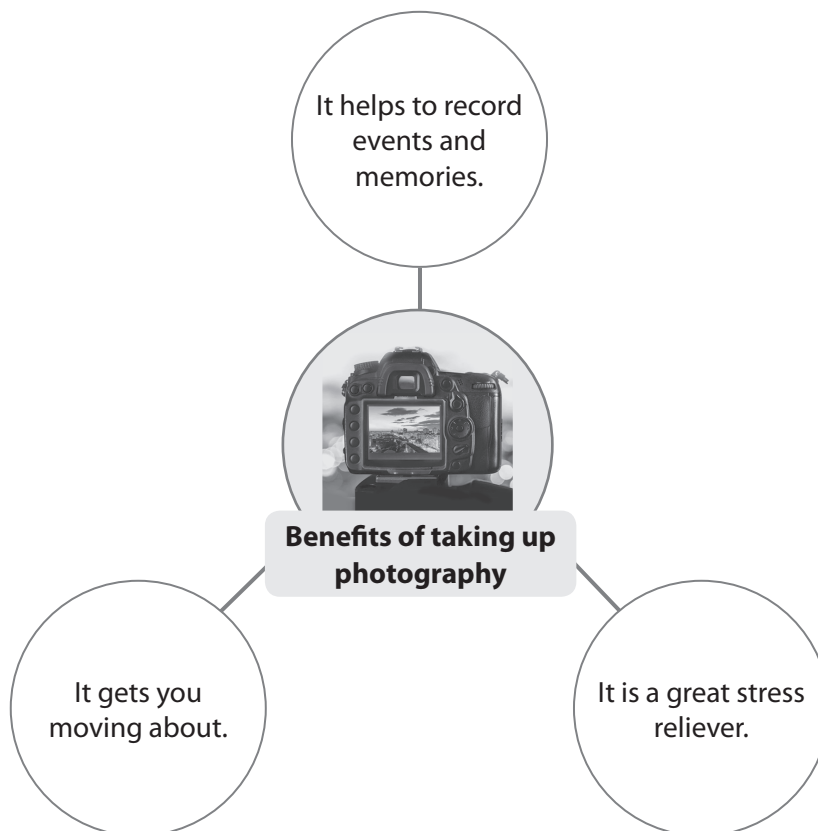
Akmal : There are six students. Please join us this Saturday if you are interested.

Julia : Sounds great. Thanks.

Akmal : You are welcome.

**C Talk about the benefits of taking up photography as a hobby.**

**i-Think** Bubble Map



**PAK-21 Activity** ▶▶ **Round Table**

In groups, discuss the benefits of having a hobby. You may expand the ideas in C or add other points.

- I like painting. (*State your hobby*)
- I started painting since I was 5 years old. (*Say when you began the hobby.*)
- My father got me into painting. (*Say how you began the hobby.*)
- I have been painting for eight years. (*Say how long you have had the hobby.*)
- I enjoy painting because I feel it is a great way to express myself. (*Give reasons why you like the hobby.*)

You may use adjectives to describe your experience: *interesting, engaging, difficult, demanding, tiring.*



Read the text and answer the questions that follow. **LS** 3.1.1



AUDIO 1

PL

## Do You Like Movies?

The first cinemas were opened in the early 1900s. Movies then were recorded on film and were shown to audiences by being run through a projector on reels.<sup>Q1</sup> Until 1920s<sup>Q2</sup> movies were silent and were made in black and white. Words on the screen told the important parts of the story and a pianist played music at the same time as the film.

Walt Disney's first cartoon character, Mickey Mouse made its appearance in 1928. This was followed by Donald Duck. In 1937, Disney produced his full-length cartoon films, *Snow White and the Seven Dwarfs*. Films became **incredibly** popular in America during 1930s and 1940s. This period was known as the golden age of cinema.

<sup>Q4</sup> *Gone with the Wind* starring Clark Gable and Vivien Leigh, the most popular film of 1939 was the most successful film of all time until Titanic<sup>Q5</sup> appeared in 1997. Titanic, starring Leonardo DiCaprio and Kate Winslet was the most expensive film ever made. It was the most expensive film because it used a **whopping**<sup>Q6</sup> sum of \$200 million to make. It also made the most money, about \$1.6 billion in its first year.

Does watching films benefit us? Yes, they do. In fact, they give viewers a different perspective of lives of people in other societies. Insights into other people's thoughts, lives, beliefs and culture <sup>Q7</sup> expand our understanding of life itself.



### Word Power

**incredibly** – extremely  
**whopping** – very large amount

Complete the following table. **LS** 3.1.2

Choose no more than three words and/or a number from the text for each answer.

In 1900s movies were shown through	1. <u>projector on reels</u>
Movies in the 1900s were	2. <u>silent</u> 3. <u>black and white</u>
The male character of <i>Gone with the Wind</i>	4. <u>Clark Gable</u>
The most successful film ever made	5. <u>Titanic</u>
The sum total of making Titanic.	6. <u>\$200 million</u>
Benefits of watching a movie	7. <u>understanding life</u>



GRAMMAR (LANGUAGE AWARENESS)

Textbook page: p.12

Grammar Notes

**Simple Present Tense**

Simple present tense is used to express:

- feelings/thoughts – I enjoy making new friends.
- something true at the time of speech – Shiela does not like going for parties.
- facts – The moon goes round the earth.

**Present Continuous Tense**

This tense is used to talk about something that is:

- happening at the time of speaking – The artist is drawing a portrait of a child.
- temporary – I am joining Carina for dinner tonight.

**Common Mistakes**

- ✓ Do the children enjoy reading?
- ✗ Do the children enjoys reading?
- ✓ Does Irene plant flowers?
- ✗ Does Irene plants flowers

**Web Link**

For more information on simple present tense and present continuous tense log on to:

<https://qr.pelangibooks.com/?u=EXCELEngFITenses>

**Info**



**A Put a tick (✓) if the tense is used correctly.**

PL

- I study in SMK Suria Heights but I am moving to another city soon.
- Do the players likes playing badminton in the new hall?
- Shiela do not enjoy eating spicy food so I always cook something she can eat.
- Kevin dislikes camping trips so we plan to leave him out.
- My sisters quarrels so often that my parents puts them in separate rooms.
- The teacher advisor of the photography club is demonstrating how to take a photo in low light condition.

**B Complete the dialogue below.**

Kala : Hi Mei, how do you **1. like** (like) your new apartment?

Mei : Kala, I **2. love** (love) it. The location is near the school. **3. Join** (join) us for lunch after school tomorrow.

Kala : Why don't you **4. settle** (settle) down first. **5. Come** (come) over to my house for tea this weekend. My mum **6. brews** (brew) fantastic tea. She **7. bakes** (bake) delicious butter cake too. Your twin brother **8. seems** (seem) so preoccupied.

Mei : He **9. is doing** (do) a science project. He **10. is watching** (watch) YouTube videos to get some ideas.

 LISTENING

**A Listen to the text on Azizulhasni Awang and complete the text below.** **LS** 1.1.1, 1.1.2 **PL**



TRACK 3

Azizul, born on the 5<sup>th</sup> January 1988 in the coastal district of Dungun, Terengganu started cycling at a young age. His parents had big dreams for him when he was young but they never dreamt that he would become a **1. national track cyclist**. In fact, they tried all means to deter him from **2. picking up** sports as they were worried about his education.

Azizul started cycling at four years old and has always **3. had a heart** for cycling. Though his parents wanted him to become a doctor, he decided to pursue his dream to be a track cycling national champion. In spite of this, he worked hard at both his studies and training. The national track cyclist enrolled in Victoria University in Melbourne **4. majoring in** Exercise Science in 2019.

Being short, Azizul was told that his height would prevent him from **5. going far** in his career. Instead of letting this **6. criticism** affect him, he trained even harder. He has proven that a hobby can develop into a **7. career path**. With **8. determination** and hard work, he has earned the name Pocket Rocketman.

(Adapted from : <https://thesmartlocal.my/azizulhasni-awang-facts/>)

**B Listen to the text and circle the correct answer.** **LS** 3.1.2



TRACK 4

- What can one turn a hobby into?
  - A lucrative business
  - A career path way
  - An enjoyment
- What should you not do when you pick up a hobby?
  - Enjoy the process
  - Think of how you can make money out of it
  - Spend money on it
- Which of the following should you put in to see results?
  - Time
  - Money
  - Dedication
- What enables your hobby to develop into a high standard?
  - Passion
  - Opportunity
  - Contacts
- Who can be your potential buyers?
  - Fans
  - Friends and neighbours
  - Family members

TUTORIAL VIDEO 1





## WRITING

## Introducing Yourself and Others

**A** Read about Suria. Take note on how the introduction is structured. **LS** 4.1.1, 4.1.2

**PL**

Hi, my name is Suria. I am from Ipoh but I am currently residing in Johor Bahru because my father who is an engineer is now working for a company based in Johor Bahru.

I have a twin sister, Sonia who studies at the same school that I go to which is SMK Sri Indah. We share many interests and I see her as my best friend. My family and I enjoy living in Johor Bahru. It is a busy city with many places of interest.

My favourite pastime is playing with a robotics kit. Robotics kit needs to be assembled together with its sensors and motor. Once built it can be controlled with an app on the phone. I hope to be a civil engineer when I grow up as I have always been fascinated with bridges, buildings and skyscrapers.

Introduce yourself.

Include some information about yourself and your family.

Write about your favourite pastime and your ambition.

**B** Based on the sample above write an introduction for your blog.

**C** Complete the article below about Sonia with your own words.

My twin sister Sonia is absolutely different from me though we look identical. We are as different as day and night. While I am fascinated with bridges, buildings and skyscrapers, Sonia **1. loves everything artistic**.

Since young, I love playing with building blocks while Sonia **2. loves fiddling with colours**. Our parents always buy different kinds of toys for us on our birthdays. A toy that needs assembling attracts me. Sonia however loves **3. doodle mats and play doughs**. She can spend hours **4. drawing and doodling**.

Though we have grown up, we **5. still enjoy the same pastimes**. I still enjoy fixing and taking apart things.

Sonia's artistic talent has gone up a notch. She is now **6. into watercolour painting**. She has painted various **7. landscape paintings** that my mother has proudly displayed in the living room. She plans to have her own little studio in our house where she can do her painting. In future, she aspires to be a

**8. well-known Malaysian painter**.

**D Put a tick (✓) if the answer is 'Yes'!**

How well do you know your friend?			
1. Is he/she reliable?		6. Do you speak to him/her when you have a problem?	
2. Is he/she the type who keeps to himself/herself?		7. Do you talk to him/her a lot?	
3. Do you often get annoyed with him/her?		8. Is he/she willing to help you out when you have problems with your studies?	
4. Does his or her mood change for no reason?		9. Is your friend trustworthy?	
5. Does he/she confide in you?		10. Is he/she easy going?	

**E Which of the following best describes your friend?**



Tall and bespectacled



Petite and slim



Plump short

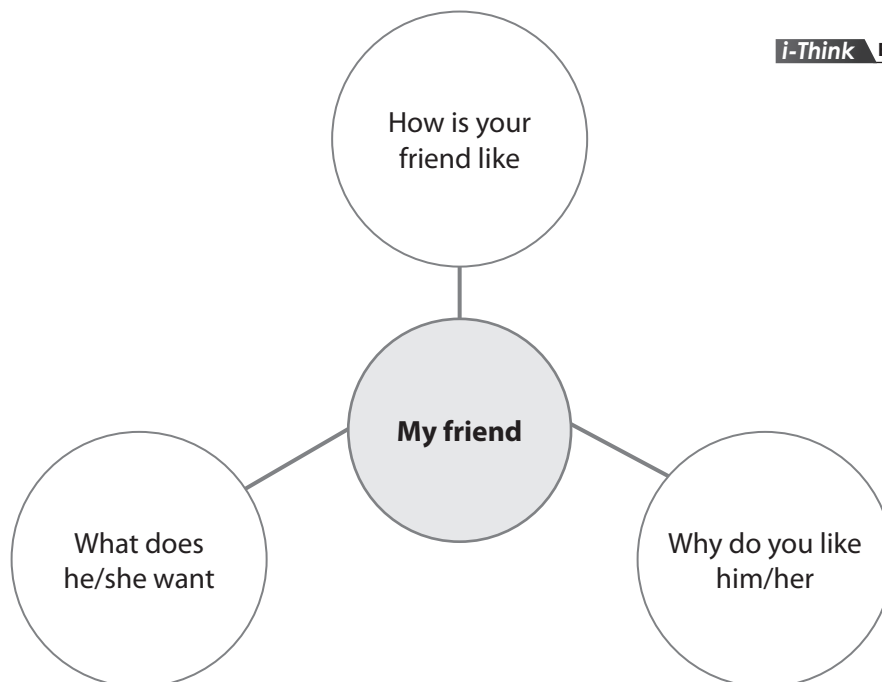


Well-built and athletic



Tall and skinny

**F Based on the quiz and the descriptive words above, write about your friend. LS 4.2.3**



## Paper 1 (12/1) Part 3: Information Transfer

Read the text below and complete the following table with **no more than three words and/or a number** from the text for each answer.

### The Rise of BookTok



The BookTok community is a group of avid readers who share reviews of books through videos. This online platform has helped to promote reading and has given small authors a chance to introduce their books. Some followers have shared their joy and inspired many to pick up new books.

This platform has definitely seen an increase in book sales both in physical books and electronic copies. BookTok is not controlled by famous writers and publishers. The main players are the regular readers. Many of the videos are shared by young readers. Most readers talk about their reading journey, how they feel and relate to the books. The videos do not have the normal reviews of books but offer the emotional journey of the reader.

Young people see this platform as a way to share their opinions. Some people discover books they never imagined they would read. BookTok has certainly brought back the reading habit.

Reviews are shared through	1. <u>videos</u>
The main players	2. <u>regular readers</u>
The sale of these increased	3. <u>physical books</u> 4. <u>electronic copies</u>
BookTok is an	5. <u>online platform</u>
Most reviews are shared by	6. <u>young readers</u>
Videos are about	7. <u>the emotional journey</u>
This came back with BookTok	8. <u>the reading habit</u>

	Q1	Q2	Q3	Q4	Q5	Q6	Q7	Q8
<b>Context</b>	Linear Text							
<b>Learning Standard</b>	3.1.1	3.1.1	3.1.1	3.1.1	3.1.1	3.1.1	3.1.1	3.1.2
<b>CEFR Level</b>	A2 mid	A2 mid	Revise A2	Revise A2	Revise A2	A2 mid	Revise A2	A2 mid



**Paper 1 (12/1) Part 4: Short Answer**

Read the text and answer the questions that follow.

For 1 to 4, write **True** or **False** for every statement given.

For 5 to 8, choose **no more than five words and/or a number** from the text for each answer.

**GOOD STUDY HABITS**

*The Strategies Top Students Use to Learn*

**SUCCESS BEGINS WITH SMALL CHANGES**

- 🔍 Trying to excel but not making much progress?
- 🔍 Are you doing this?
- 🔍 Checklist
  - Eat well.
  - Do more physical exercise.
  - Study hard and consistently.
  - Be determined.

- 🔍 Are your plans not going through?
- 🔍 Here are some guidelines to ensure your plans work out.
  - Be realistic
  - Ask yourself if you are able to do it.
  - Make a plan and stick to it.
  - Be specific.
  - Start small.
  - Start with one aspect and slowly work to change others.

**You are not alone in this.**

- 🔍 Ask for support from friends and family members.
- 🔍 They can help to remind you.
- 🔍 They can also assist you.
- 🔍 They can give you moral support.



1. Small changes in life will ensure your plans work out. True
2. You should make as many changes as possible to see success. False
3. Eat more than usual so that you can perform better. False
4. Support from friends and family members helps to ensure you stay focused on your goals. True
5. To make lifestyle changes you need to be determined.
6. If you are realistic with your plans, you are more likely to succeed.
7. You will be able to see results if you study consistently.
8. Your support group serves to remind you of your plan to change for the better.

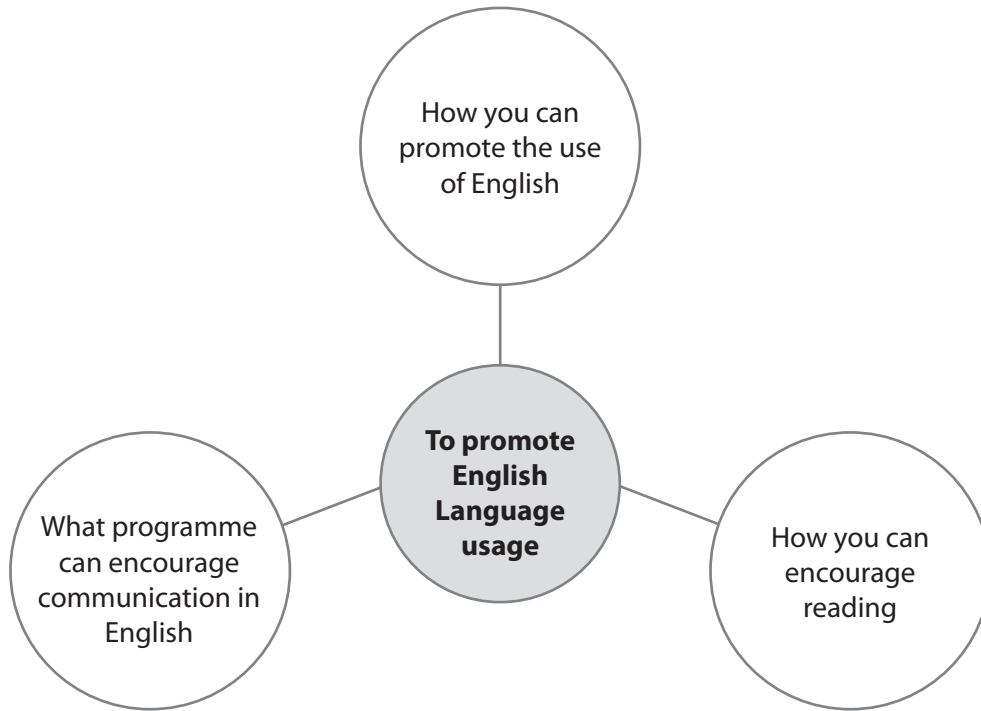
	Q1	Q2	Q3	Q4	Q5	Q6	Q7	Q8
<b>Context</b>	Non Linear							
<b>Learning Standard</b>	3.1.2	3.1.2	3.1.2	3.1.2	3.1.2	3.1.2	3.1.2	3.1.2
<b>CEFR Level</b>	A2 mid	A2 mid	A2 mid	A2 mid	A2 Revised	A2 Revised	A2 High	A2 mid

Paper 2 (12/2) Part 2: Notes Expansion

**PRACTICE 1**

Guided

In your English class, you have been talking about encouraging more use of English Language in school. In about **90 words**, write an essay on how to promote the use of English Language in the school. You **must** use the notes below to help you.



Write your **essay**.

English is one of the most widely spoken languages in the world. Therefore, it is important to encourage the use of the language.

To promote the use of English in schools, we can designate English Language Zones within the school compound. Students and teachers who step into these zones must communicate in English.

English Corners to encourage reading can be set up in the school. Reading materials of all kinds will be placed at the English Corners to encourage reading. These corners are set up along places that are most frequented by students.

Implementing these programmes, can help to get students to build confidence in using the language.

(100 words)

**Introduction**  
Say why English is important

**Body 1**  
Explain how the English Language zones can help promote the language.

**Body 2**  
Explain how the English Corners programme can help encourage the use of the language.

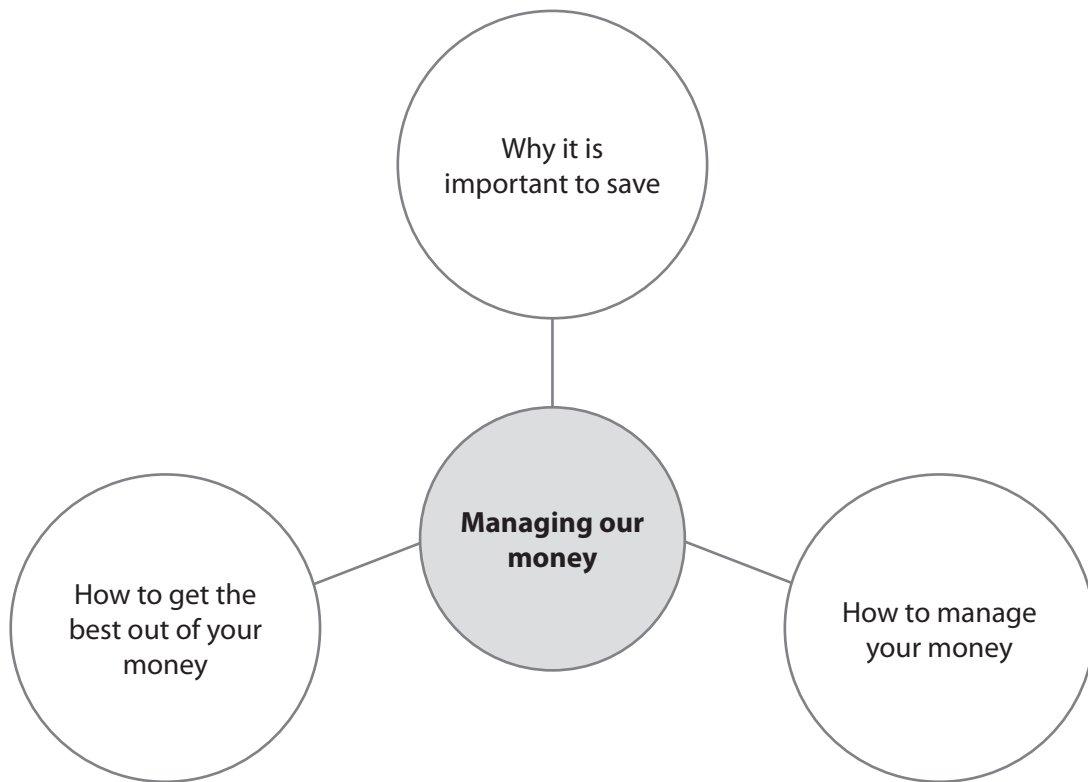
**Conclusion**  
Write a short conclusion.

Learning Standard

4.2.1 4.2.2 4.2.3

**PRACTICE 2**

In your English class, you have been talking about the importance of saving. In about **90 words**, write an essay about how you can save and cut unnecessary expenses. You **must** use the words below to help you.



Write your **essay**.

(Suggested answer)

Learning how to save money helps to reduce wasteful spending. It is a skill that benefits us greatly in adulthood.

Managing our money is a valuable skill that teaches mindful spending. We can save a lot of money when we practise mindful spending. When we ask ourselves if we really need to buy something, we are training ourselves to make better financial choices. We stop ourselves from excessive spending. We can thus save the money for more important things.

Good money management will prevent us from getting into debts. Being careful with our spending helps us save money that can be put to better use. When we manage our money well, we will be able to enjoy making the most out of our saving. In this way, we will be able to get our money's worth.

(99 words)

Learning Standard

4.2.1 4.2.2 4.2.3

# UNIT 10

## Colourful Malaysia

### SPEAKING

Formative PBD

Study the pictures and discuss with your partner. Complete the sentences with suitable words.

LS 2.1.1, 2.3.1 PL

### Things People Do on Special Occasions

1



During Chinese New Years the Chinese usually  
 dress in red to bring good luck

4



During Diwali, Indians light up their homes  
 with oil lamps and colourful lights

2



Every year in the month of Ramadan,  
 Muslims fast from early morning till evening

5



During Kaamatan people in Sabah organise dances  
 and cultural activities to give thanks for  
 their harvest

3



During Christmas, Christians often  
 visit and give presents to one another

8



During Songkran or water festival in Thailand,  
 people splash water on each other

### PAK-21 Activity Gallery Walk

Find out about celebrations in other parts of South East Asia. Present your information in charts and pictures.



**READING  
1 HOUR 30 MINUTES**

**Part 1  
[8 marks]**

*You should spend about 15 minutes in this part.*

Read the text carefully in each question. Choose the best answer **A**, **B** or **C**. For each question, mark the correct answer **A**, **B** or **C** on your answer sheet.

Hi Aafiah,

The book I borrowed from the library is due today. Can you please return it for me. I am busy and will only be back next Monday.

Afiq

1. Aafiah needs to
- A** borrow a book for Afiq.
  - B** return a book Afiq had borrowed today.
  - C** get a book from the library by Monday.

*Lifestyle*



Flat **25%** off  
all Lifestyle items  
in-store and  
online on  
22 November 2026

**While  
stocks last!**

2. All lifestyle products are available
- A** online and in-store on 22 November 2026.
  - B** at a discounted price only for a day.
  - C** at a discount only in retail outlets.



**Part 2**

[8 marks]

*You should spend about 15 minutes on this part.*

Read the text below and correct the underlined errors.

For each question, write the correct word in the space provided on your answer sheet.

**Keeping Your Cool**

How to remain calm **(0)** on difficult situations? It does not come naturally. It takes a lot of practice. People who are able to remain **(9)** calmly practise mindfulness. Mindfulness **(10)** helped you see your own feelings and thoughts instead of being caught in it. This is very much like **(11)** be at the eye of the storm with everything else whirling around you. You can learn to handle a difficult situation calmly if you practise it **(12)** regular. Take a deep breath and count to ten before you speak **(13)** or act. Deep breathing has a calming effect on the body. It **(14)** reducing your heart rate and blood pressure. This helps to make you feel calm. So, when you find yourself in a **(15)** challenged situation, take a moment to **(16)** focusing on your breathing. It is a small habit that goes a long way.

**Example:**

0	during
---	--------

- |     |             |
|-----|-------------|
| 9.  | calm        |
| 10. | helps       |
| 11. | being       |
| 12. | regularly   |
| 13. | or          |
| 14. | reduces     |
| 15. | challenging |
| 16. | focus       |

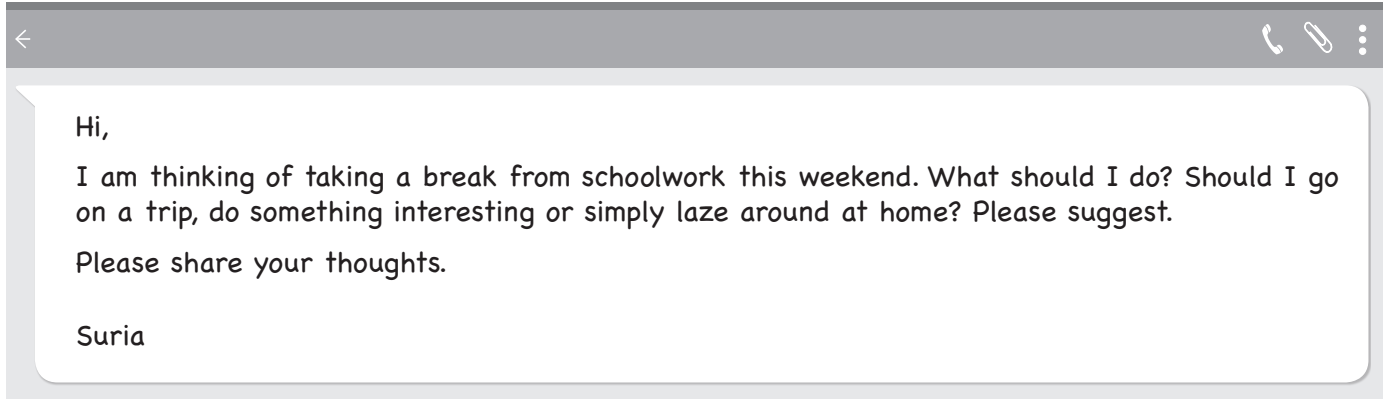
[8 marks]

**WRITING**  
**1 HOUR**  
**Part 1**

[20 marks]

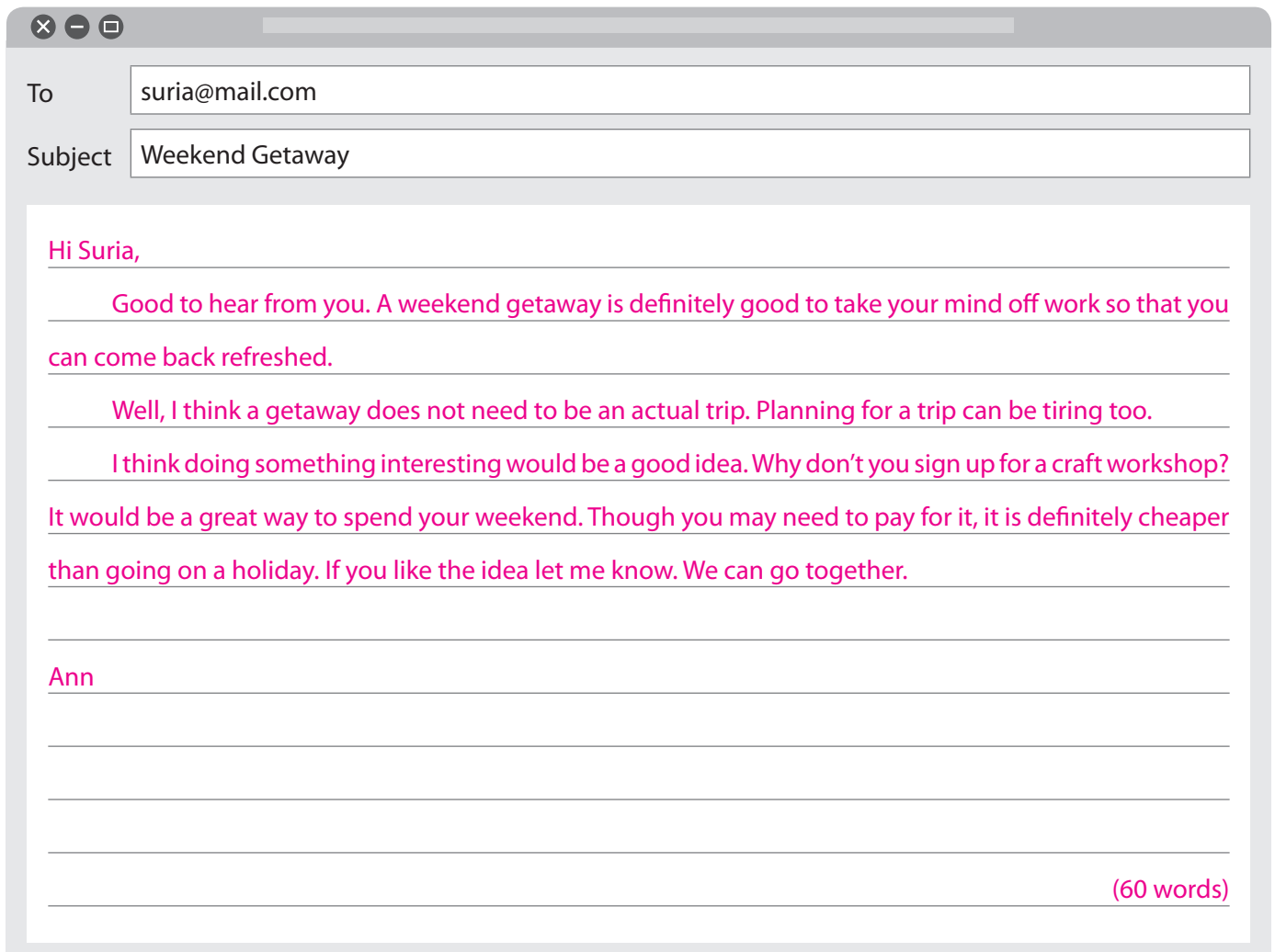
*You should spend about 20 minutes in this part.*

Read the email from your friend, Suria.



Hi,  
I am thinking of taking a break from schoolwork this weekend. What should I do? Should I go on a trip, do something interesting or simply laze around at home? Please suggest.  
Please share your thoughts.  
Suria

In about **60 words**, write an email to Suria giving her some suggestions.



To: suria@mail.com  
Subject: Weekend Getaway

Hi Suria,

Good to hear from you. A weekend getaway is definitely good to take your mind off work so that you can come back refreshed.

Well, I think a getaway does not need to be an actual trip. Planning for a trip can be tiring too.

I think doing something interesting would be a good idea. Why don't you sign up for a craft workshop? It would be a great way to spend your weekend. Though you may need to pay for it, it is definitely cheaper than going on a holiday. If you like the idea let me know. We can go together.

Ann

(60 words)

## Speaking

**A**

(Pupils' own answers)

## Reading

**A**

1. True
2. False
3. True
4. False
5. True
6. False

**B**

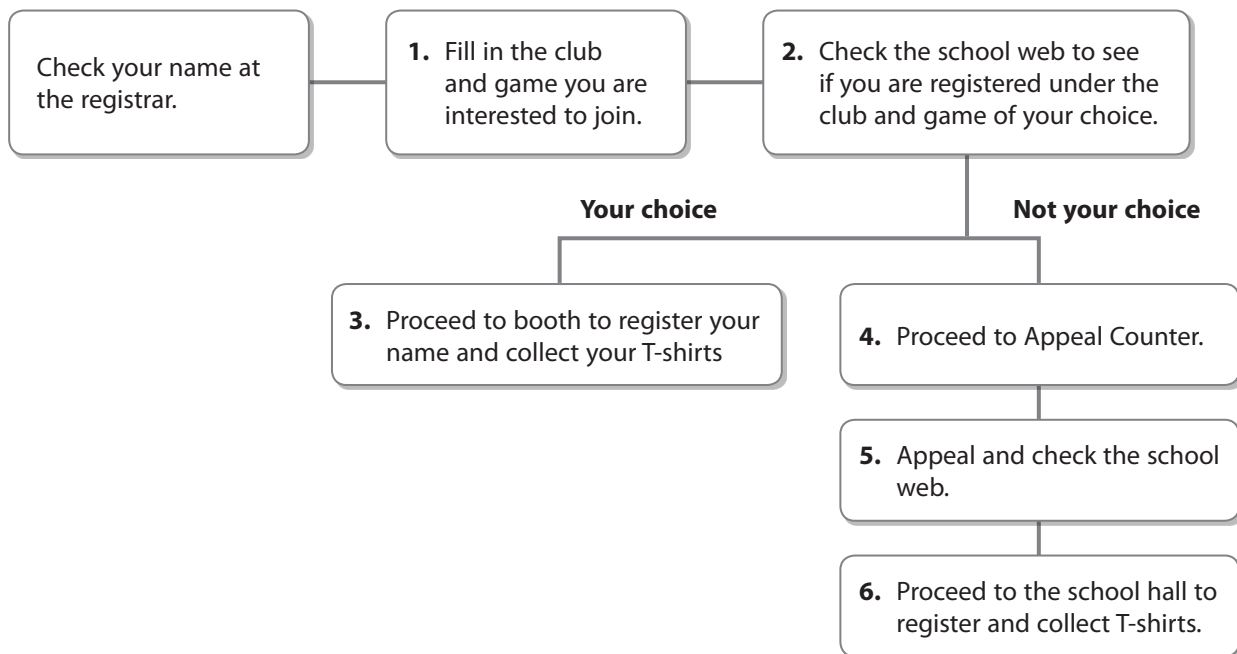
1. Tug of war
2. Rock climbing
3. Face painting
4. Cup Music
5. DIY Greeting Cards

## Listening

**A**

1. B
2. A
3. A
4. A
5. A
6. B

**B**



## Grammar (Language Awareness)

**A**

- |         |        |
|---------|--------|
| 1. your | 5. my  |
| 2. My   | 6. our |
| 3. My   | 7. Its |
| 4. My   | 8. Our |

**B**

1. Please don't tell anybody our secret. Nobody knows about Sarah's new job.
2. Ramesh is doing his project on the laptop. The project's deadline is next week.
3. Finally, I have achieved my goal. My brother's achievements have always been better than mine.
4. The children find their maths homework too difficult. The friend's reference book is not very helpful.

## Writing

1. Children celebrate parent's birthday to show appreciation for their parents' sacrifices.
2. Some people celebrate their good fortune by sharing their joy with the less fortunate.
3. Students celebrate Teacher's Day to show appreciation for their teacher's contribution.
4. People celebrate their success to motivate themselves to work harder.